



The LOOP Newsletter

The Law Of One Prisoner Newsletter: a publication for incarcerated seekers to participate in a discussion of the Law of One.

Volume 2, issue 1 January/February/March 2009 ISSN: 1941-0905 FREE COPY

Table of Contents

Letter by the Editor	pg. 1
Wandering Thoughts by Bill Ackerman	pg. 2
Channeling Excerpt November 29, 1981	pg. 3
Dolphin drawing by Francisco Solis	pg. 3
Comments about LOOP Participation	pg. 4
Questions for Debate	pg. 4
RA Speak Interpreted by Carla	pg. 5
Poem Bill Ackerman	pg. 5
Channeling Excerpt October 17, 1982	pg. 5

The LOOP Newsletter is a quarterly publication of L/L Research, a subsidiary of Rock Creek Research & Development Laboratories, Inc.

Rock Creek is a non-profit corporation dedicated to discovering and sharing information which may aid in the spiritual evolution of humankind.

All donations will be used for tax-exempt purposes.

www.llresearch.org
www.bring4th.org

Happy Birthday, LOOP Newsletter!

The LOOP turns 1 year old this issue. I am proud to have been a part of this with all of you. Here's to another great year...

The topic of discussion this quarter has been over who should read or write to the LOOP. Since this is a publication dedicated to spiritual seekers in prison, should those outside of prison be permitted to read the LOOP, let alone contribute?

The responses I received from the L/L community not in prison was resoundingly in support of whatever decision those in prison would be most comfortable with. Those in prison wanted to share whatever help they could with those not in prison. So it looks like the LOOP readership shall remain open to all.

Contribution will continue to be primarily among the incarcerated with limited exception (i.e. this editor). ☺

One more topic I would like to address is back issue requests. Some of you have not been readers since the first issue, and some of you have had difficulty getting permission to receive this newsletter. If anyone would like back issues of the LOOP, you are welcome to have any you like. Please write the LOOP at the address below. Let me know which issues you already have and which you would like to have.

In Light and Love,

Lorena Lucille, Editor

Any subscriber may submit material to the LOOP Newsletter for publication. If you would like to comment on articles, answer open questions, or submit your own queries for consideration, please write to The LOOP Newsletter, C/O L/L Research, PO Box 5195, Louisville KY 40255-0195

Wandering Thoughts by Bill Ackerman

A Dysfunctional Wanderer's Tale

There are many Wanderers whose dysfunction with regard to the planetary ways of your peoples have caused, to some extent, a condition of being caught up in a configuration of mind complex activity which, to the corresponding extent, may prohibit the intended service. Ra, The Law of One Book III p. 104

I know a lot of prisoners who could be wanderers because I see the good, caring nature of their true being. I see the tears in their eyes when they discuss the sorrow in the world. Unfortunately they haven't awakened yet and that is due in part to their involvement in and illusion they believe to be real. Living a "thug life" and numbing themselves with drugs and alcohol prohibits them from connecting to their true inner being.

Our minds have been configured since the day we were born. People come into our lives who introduce their views on life to us hoping to educate us the right way: our parents, teachers, friends, etc. All pass on to us what they believe to be the wisdom of life. Who were their teachers? We are constantly bombarded by information as we grow and we are supposed to absorb it all and become this total human being. Unfortunately, the information given to us has very little to do with the evolution of spirit and more to do with nurturing the ego.

As a young child growing up in upstate New York, I was afforded the opportunity to grow in an environment of thick woods, lakes, and breath-taking scenery. I spent a lot of time in the woods enjoying being one with creation. This was no illusion in my eyes—this was the Creator's gift.

At home the illusion festered. My mother, who was mentally ill, dealt with life's problems by medicating herself with alcohol and pills. She learned this from her father who used to beat her. She beat me. She tried to convince me that I was nothing. We battled for years. Ra says we choose our parents—I guess I felt I needed some serious catalyst to learn from. Eventually I became just like my mother: an alcoholic and drug addict.

During my teen years I embraced another illusion called the hippie movement. I felt "the love" and reached higher states of consciousness through the use of LSD but as a person I was still suffering. It was hard enough trying to cope with my own defects but when drugs and alcohol were introduced to me I believe I created a deadly catalyst.

In trying to understand the illusion created by myself before incarnation, I wonder how much of it was pre-programmed. It's hard to believe that a wanderer would choose to return and incarnate under such conditions. I believe the drugs and alcohol were not part of the plan nor was needed for the entity "Bill" to awaken. There was a need for me to be of service to the addicts and criminals of the world and the only way to do that was to live among them. The entity I killed knew this and sacrificed his life so that the direction I was heading would change, healing would begin, and service would ensue.

Dysfunctional I am no more. I look back at the entity "Bill" and see that he was so caught up in "mind complex activity," I really feel like I do not know him. As my purpose becomes clearer to me I understand that I am just borrowing this mind/body/spirit complex, "Bill" to pursue my mission.

It is important to understand that we are not this vehicle of flesh and bones. Any desires we have pertaining to this body or any other body is only the play of the mind and ego. We are part of Intelligent energy. An energy of love. A light so bright it can blind the normal human.

So, for those of us who have awakened and are now fulfilling our mission, feel glad that you are not still caught up in mind complex activity like many of our other brothers and sisters. Keep on radiating in love/light and hopefully the others will feel it and awaken.

Adonai, vasu, barragus. ∞

Channeling Excerpt, November 29, 1981

(Jim channeling)

I am Latwii, and greet you again through this instrument. We are most honored to be able to join you this evening in your meditation and shall now attempt the answering of questions which those present might have value in the asking. Are there any questions at this time?

D: [edit] What can you tell me about dolphins?

I am Latwii, and my brother, we can say many things about dolphins. We, of course, do not suppose to give biology lessons, but may remark in passing that the creatures which are known to you as dolphins are much more than animals which swim in the deep, for these creatures have, for many of your years, possessed the prize of the human form which is called the extension of the brain complex known as the frontal lobes, and, therefore, this creature does have the intelligence that exceeds many of your so-called second-density creatures, and is able to communicate with those of its own kind, and other entities as well, on a level which you may describe as telepathic.

Is there any further specific information regarding this creature which you ask about at this time, my brother?

D: What is their evolutionary track? How did they become dolphins?

I am Latwii, and, my brother, in this regard we may say that the creatures known to you as dolphins have progressed upon a path which is in, shall we say, somewhat of a balance or opposition to the path which the humanoid creatures of your kind have traveled. Those of the homo sapiens nature have traveled a path

that has, for the most part, been a dusty one and one which has remained upon the land. The creatures known to you as dolphins have traveled a path which has been somewhat more moist. This path has included the single-celled creatures of the ocean which have developed over a period of time the nature of the vertebrate, which has included the knobby protrusion at one end known as the brain.

This continuing evolution of complexity of the nervous system has developed additional parts of this brain which have corollaries to your cortex and thinking processes. The



continuing development through various forms of what you would call fishes has progressed to the aquatic form of a mammal, which has reached its zenith upon this planet in the ones which you call dolphins and some forms of the creatures which you call whales, in that these creatures have been able to develop an additional portion of the brain organ which we have referred to previously as the frontal lobes, and in

this regard have activated an energy center which has allowed them the communication which might be called telepathic.

Is there any further way which we might be of service to you in this regard, my brother?

D: What's the density of the dolphin?

I am Latwii, and, my brother, we might suggest to you that, as you are aware, many creatures upon your planet now, including the human form, possess the body of the fourth density in activation and this is also the case with the creatures known to you as dolphins. ∞

LOOP Participation

Yes, open the LOOP to public. Otherwise it will be exclusive & exclude people from the potentially valuable insights/inspiration available from this unique/invaluable perspective: prisoners who are likely to be doing some serious soul searching & studying of the RA material. The light should be shared with others. –Stardust

I'm sure we could list more than a few upon further, more discerning thought. And this would potentially lend itself to further, more vexing complications to the equation. I say STOP!* [*Just dramatic effect—smile] Stop,

Questions for Debate

Larry Nielsen asks

Why does it seem to happen that tragic incidents, like airplane, train and bus crashes, structure and facility fires, etc., come in clusters of three in number? Likewise, why is it that people of like careers or accomplishments that have lived lives in the public eye, seem to die also in clusters of three in number, e.g. Actors, entertainers, writers/poets/columnists/broadcasters, and etc.?

Stardust

What are your impressions/thoughts about what will take place in 2012, according to your study of the RA material relative of the “harvest”?

From a Letter By Dennis Kearns

Karma: What I am understanding on this subject is karma is a system of cause and effect. It is mostly thought of in terms of when a person does a “bad” thing, they come back to reap the reward for that action. However, since bad and good are 2 sides of the same coin a person doing a “good” thing also falls under karma and comes back to reap the rewards of that action.

Now it starts getting good: coming into an earth body there are certain “things” pulling

and revisit the original idea of what the LOOP is supposed to be and who it is to serve, and there should be the mission at hand, or at mind. Correct me if I'm guessing wrong, but are you [Lorena], perhaps, feeling conflicted with the Law of One premise that “all is one,” but the LOOP is exclusive to prisoner participation only? This came to me, myself, but I found falling back on the Law of One concept of service renders such a philosophical contradiction nil, if not moot. The LOOP fills a void, not creates one, right? There is the L/L Research website, books & tapes available, and the L/L Research newsletters as well. –Larry Nielsen ∞

you in all directions: 1. Karma, for past actions, 2. The influence of the planets when you are born, 3. Your higher self directing you, 4. Guarding angels to protect you, 5. Negative entities drawn to your light, 6. Pre-agreed relationships with others in progress. Now add to the mix free will.

As we go through life being pulled and pushed in all these directions, the main experience seems ever to be learning. There are many different types of lessons to be learned, however, each one day needs to learn that the kingdom of heaven is within all this time. Once you learn to deal directly with that which is within in dealing with those seemingly that are “without,” you learn all are one and you begin to deal with others as yourself. When you become very good at this, the six things above begin to fade and have less power over you. When your free will becomes that with the will of God you have stepped out of the forces that held you becoming one with all. Each person, each contest is a part of this puzzle and a testing to see what you have learned or is next to teach you something until you learn the lesson and can put it in practice. There must be more than a million different

lessons to learn as well as all the things we need to unlearn.

This in turn brings us to the point of the forgetting at birth on earth of all past lives and relationships. If you hated someone to the point of killing them in one life, you would find it hard to learn to love them in the next life while remembering the last relationship. So an enemy could become a family member in a new life. The combinations seem endless. Since thoughts create in spirit before in the flesh, I would say the thoughts of love for a

child of yours creates a vibration of a positive nature where as that same entity was thought of in a negative form from a past life the two thoughts, positive and negative will cancel themselves out at some point. Thus karma being used in both thoughts and actions, (or) in the spirit and the flesh.

I would be interested in other's understanding of these matters so that knowledge and progress may be made by many using this tool for the good of all. ∞

RA-Speak Interpretation by Carla

William Eyer's favorite "Ra-speak" When asked about diet, Ra answered: "Firstly, we underline and emphasize that this information is not to be understood literally but as a link or psychological nudge for the body and the mind and spirit." ...*we emphasize that this information is to be understood as a link or psychological nudge for the body, mind, and spirit. -Carla*

Stardust's favorite Ra speak: "I pluck the gist of your query from the surrounding verbiage."! *I believe I understand the core of your question although some of what you said makes no sense to us. -Carla*

George Kayer would like the readers to know that his book Sacred Language Glossary of Earth provides over 2000 meta-terms and Law of One: highlights and commentary that address RA terms/speak. ∞

I send best wishes to Bill Ackerman with whom I had the honor of sharing the RA Material over 20 years ago! Thank you, Lorena, for your service in regard to the LOOP newsletter. Best wishes to you, Jim & Carla. A fellow wanderer... "Stardust"

Bill Ackerman written October 3, 1988

Time present, time past
life experiences amass.
Different directions/same lessons
such is life's dance.

Catalytic pain in human existence
losing the battle of rebellious resistance.
Awakening at a corner stone of
universal insight
Re-directed toward infinite love
and unified light. ∞

Channeling Excerpt, October 17, 1982

(Carla Channeling)

I am Maitreya. I greet you, my friends, in the love and the light of the one fair Creator. Please pardon the slowness of this contact. Ours is broadband, and we normally do not have a call

to speak to a group such as this one but rather are called to those groups whose vision of the one divine light is centered upon the figure of that teacher whom you know as Jesus. We find

in this instrument both the devotion to this teacher and the opened consciousness which allows us to speak more purely than is our usual privilege.

We find those in this group who seek the Christ Consciousness. My friends, let the gentle drops of dew fall upon your consciousness as you become still, so still that night and day may pass and naught has been moved. There is the Christ Consciousness. We have been frequently identified as being a ray, a portion of the entity, Jesus. This is incorrect. The vibration Maitreya is that vibration from which the one known as Jesus sprang, but that entity's incarnation was the incarnation of one entity, not of the vibration or group from which those whom you call wanderers have been sent.

We are, rather, that group being of the Confederation of Planets in the Service of the Infinite Creator. It has pleased your peoples to invent worship of many entities. Thus do many such as Jesus feel that they have failed to communicate. For the desire of such teachers is for the seeker to seek the Father. We thank this group for calling this vibration. It may be truly spoken that those Comforters which each seeker must needs have are with each seeker as the direct result of the deep prayer or conscious calling of the one known as Jesus. This entity did indeed cause a great distortion, as we find this instrument would call it, within your time/space world. We are borrowing this instrument's vocabulary, and we thank this instrument.

We find the call this day to be for us to speak directly to one point, that is that no matter what you must do to follow the light and the love which you seek, the thing left undone shall be greater. Shall you change your mind in one opinion in order to be a better (*inaudible*)? Shall you love deeply and serve us? Shall you covet nothing, give all, preserve justice and peace? Very well then, my friends, you have only begun.

Not for one moment, then, allow the feeling of a plateau to satisfy you. If you seek, then you do not seek comfort, for seeking is uncomfortable. Joyful it may be; loving it may

be; but comfortable, never, my friends, not if you keep moving. We come to you as those who have offered themselves as martyrs, and thus we may not blush at the thought of discomfort among your peoples, for the martyr's physical demise is seldom comfortable. We do not suggest the life of the martyr, but we answer a call, a calling which has come to us, and our answer is take up your pilgrimage. Take the next step, and do not seek comfort. Because you are spiritual, seek only to seek.

You must know, and we shall repeat it to you, that in your own way you shall be judged not by this seeking of yours. Be thankful for the support of each other, but carry on. For, as you love, so shall you be given the next lesson, and the next, and the next. And, as you seek more and more, so shall more and more of the creation move with you, seek with you, blend with you, feel with you and be transformed with you. The teacher known as Jesus said, "You shall all take up your crosses if you wish to follow me." Remove all that which is surrounding those words. (*Inaudible*)

You have asked yourselves, do you wish to be perfect? Do you wish to be so serious? Consider well, my friends, the potential of each perfect being, and find within yourselves tears and reconciliation upon that most inner plane where you set your face toward the rising sun and never again glance away. Fear you then the failure, the glancing away, the dropping of the glass, the mishap? Do not fear. Someone stands beside your world ready to be involved with your own evolution. That someone, whatever its manifestation, is you.

May we thank you, and may we thank this instrument. We do not expect to be called to this group, for this group is not that group which is focused upon Jesus the Christ but upon the grand unity of the Divine Father. So be it and amen. It has been a great blessing to be with you. May blessings be with you in each of your lifetimes, and may your rest be gentle as you come always, again and again to see the face of the one infinite Creator. ∞