May 18, 2017

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It is that glorious time of year once again: spring in the air, rejuvenation in the step, inspiration in the mind, and the Gatherings Newsletter sent out to all of our beloved L/L Research family of the heart. We love sharing what is happening at L/L with you because you all are, quite literally, our reason for being. Together we demonstrate Ra’s observation that “those who of like mind together seek shall far more surely find.” We are companions on the trail to truth, and each of us helps everyone else by doing what we do. So, without further ado, here is what we’ve been up to.

Homecoming 2017
Every year, as the weather warms up and the flowers are all in bloom, excitement and activity mount at L/L Research. We’re busy year-round, actually, but something about this time of year gets us revved up with anticipation. It must be that it’s time to announce the year’s Homecoming Gathering! Homecoming is a bit like a cosmic family reunion—whether or not we have met in this incarnation, connections that stretch back beyond time and space manifest during this magical weekend. We invite you to reunite with your cosmic family this Labor Day weekend.

Begin: Friday, September 1
End: Sunday, September 3

(With optional, additional time on Monday to come help clean up and hang out for a little bit.)
**Format**
We continue the symposium format of holding a space for each interested attendee to offer something to the circle in a 30-minute timeslot. Giving a presentation is completely optional, but we highly encourage attendees to share whatever might be close to their heart.

There is no strict format or set of guidelines for presenting. Examples of presentations may include:

- Sharing an important event or aspect of your personal journey, whether positive or challenging.
- Presenting a research project or paper on a particular subject.
- Giving rides on your secret spaceship that you’ve been hiding for a special occasion.
- Guiding a group discussion on a question or topic, whether to gain insight or just to have a lively discussion.
- Playing or performing music, reciting poetry, or other creative expression.
- Facilitating an apple pie eating contest. (You must provide the apple pies.)

We ask only that your presentation be in some way related to spirituality/philosophy/personal growth, and of course not be heinously offensive to other attendees. Within those parameters the possibilities are infinite.

**Registration**
Unfortunately, due to the space/time restraints placed on us by whoever designed this reality, we must limit the attendance to a total of 35 people.

For more logistical information, and to register, please click [here](#) and/or send an email to [contact@llresearch.org](mailto:contact@llresearch.org).

If you would like to discuss the upcoming event with other seekers and perhaps look into the possibility of carpooling and/or room sharing and/or couch surfing, please visit Homecoming’s thread on the Bring4th Forums in the “Meet-Up Area” forum [here](#).

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**New Publications**
Since issuing the previous *Gatherings Newsletter* in May, 2016, L/L Research has channeled, written, produced, and/or published the following books, translations, and transcripts:
**Tilting at Windmills**

In 1948 a desire awoke in Don Elkins to move beyond the boundaries of the known. Seven years later Elkins dedicated his life to a long-term investigation with a single objective: to find and fit together the puzzle pieces that would disclose this picture. This is his story. This is his partners’ story. This is the biography of L/L Research. Those who slowly and steadily, year after year made a labor of love to build a massive library of channeled philosophy, who gave away the fruit of their labors for the benefit of others similarly seeking, and who reached profoundly into the deep unknown to achieve the Ra contact, resulting in their extraordinary offering to others known as the Law of One material.

**Tilting at Windmills** contains the transcripts of a seven-day interview conducted by Gary L. Bean with the then two surviving original members of L/L Research: Carla L. Rueckert and Jim McCarty. It includes exploration of the Ra contact, the life story of L/L Research, personal biography of its three founding members, and examination of spiritual principles and philosophy.

Available in both free PDF digital format on the [archive website](https://llresearch.org) and printed hardcopy in the online store.

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**Voices of the Confederation**

First compiled and edited in 1975, *Voices of the Confederation* is a collection of channeled material from the early years of Don Elkins' and Carla Rueckert's experiments with telepathic communication with extraterrestrials. Originally titled *Voices of the Gods*, it was never officially published and sat on the shelf until the project was resurrected decades later when, in 2009, Carla gave the manuscript another edit and authored a new preface. The project stalled again until 2016 when Austin picked up the book and shepherded it through the finish line to publication.

The collection contains excerpts arranged categorically to help introduce people to Confederation philosophy. Some of these transcripts are being published for the first time in this book, having never appeared on L/L Research's archive website. Topics covered include channeling, meditation, love, service, UFOs, and many others relevant to the spiritual seeker. Explored in these pages are the basic themes of the Confederation philosophy that have become the hallmark of L/L Research’s channeling ever since.
Featuring a beautiful cover by our friend and volunteer Mimi. Available in both free PDF digital format as well as physical paperback.

Channeling Transcripts

- May – December, 2016
- January – May, 2017

Translations, Books

- French: *Living the Law of One 101: The Choice*
- French: *A Wanderer’s Handbook*
- French: *Law of One: Books I–V* (formatted first time as five books)
- Chinese: *Living the Law of One 101*
- Chinese: *What Is Love?*
- Portuguese: *Law of One: Book V*
- Hungarian: *Law of One: Book III*

For the books mentioned above that have been translated since that last Gatherings Newsletter, thank you (!) Micheline Deschreider (French), Jochen Blumenthal (French formatting & publishing), Terry Hsu (Chinese), The One Center of Taiwan (Chinese), Daniel Andreazzi (Portuguese), Gyergyói László (Hungarian).

Translations, Transcripts

- All available from the main index for the L/L Research transcripts

For transcripts translated since that last Gatherings Newsletter, thank you (!) Manuel Abasolo (Spanish), Nikolai Glinkin (Russian), Nicolas Turban & Micheline Deschreider & Jochen Blumenthal (French), and Gianluca Mosaico (Italian). Note: Gianluca finished translation of Book I into Italian two months ago. It is awaiting only formatting before publication to the website.

In The Works

As we speak there are translators around the world working hard to translate the Confederation’s message into their native language. They include:

- Czech: *Law of One*—Vojtech Schlesinger and his team including Barbara, Radim, and our dear friend Roman Vodacek
- French: *Tilting at Windmills*—Micheline Deschreider
- German: *Living the Law of One 101*—Jochen Blumenthal
  (See Das Gesetz des Einen Verlag below for a synopsis of his work with Micheline and the volunteers helping their effort.)
- Italian: *Law of One*—Gianluca Mosaico
Newsletters

- *The Light/Lines Newsletter* 2016 and 2017
- The *L/L Research.org Updates* newsletter contains only updates of material published to the website and is thusly not published to the website lest someone die of redundancy.

Interviews/Speeches

- *Jim’s interview on “Kabbalistic Mystic” hosted by Ovadya Batat, June 23, 2016*
- *Jim’s interview on “Lighten Up” hosted by Suzanne Ross, February 16, 2017*
- *Jim’s interview on “Lost Knowledge” hosted by Deb West, July 18, 2016*
- *Jim and Carla’s workshop on channeling, Chicago, IL, 1988*
- *Don and Carla’s interview on WIEL in Louisville, KY, 1976*
- *Don’s interview in The Courier-Journal in Louisville, KY, June 4, 1978*
- *Lecture by Jim for Sacred Journeys at the Oneness Center in Louisville, KY on June 11, 2016*

Upcoming Projects & Publications

**The Ra Contact Books**

*The Ra Contact: Teaching the Law of One* was born of the efforts of Tobey Wheelock and his team of volunteers who listened to the 106 Ra Sessions three times over a period of eight years. Their effort produced the first actual exact transcript, which also included 55 previously untranscribed questions and answers. Light edits were performed to that transcript to create the Lightly Edited version (the default version at lawofone.info). The Lightly Edited is currently undergoing further refinements to become L/L’s next publication: *The Ra Contact: Teaching the Law of One*.

In two minimalist volumes, each about the size of *AWH*, the new book will feature the 106 sessions of the Ra contact with new photos of the Ra sessions, new Introduction, Foreword, and footnotes. Additionally the two volumes will include a brand new, super comprehensive Index that will serve as an incredible resource for researchers.

There will also be a third volume of resources titled . . . wait for it . . . *Resource* chocked full of supplementary information designed to help readers. For example, thanks to gifted hands of Diana Fisher, there will be diagrams of the energy centers, sexual energy exchanges, and the north/south pole energies; a Glossary of 94 terms unique to Ra that will use Ra’s own words to define them; an in-depth analysis of the primal distortions and the cosmic genesis of the Law of One; a study of the of the archetypical mind; along with other essays and goodies. We hope to have these three volumes available by Christmas, if you wouldn’t mind crossing your fingers. Thank you.
**Audiobooks**

Since Carla’s passing, Jim has been busy recording professional quality audiobooks of the entire L/L Research library. By this summer the first one, *Living the Law of One 101: The Choice*, will finally be available! Carla wrote this book to make it easier for the average person to grasp the concepts that Ra was talking about in the Ra contact. Jim is also making his third recording of the 106 Ra Sessions with the idea of recording more slowly and with longer pauses between sentences so that the listener has a better chance of understanding Ra’s sometimes complex message and sentence structure.

**Movie Media**

In last year’s *Gatherings Newsletter*, we reported that we were in the process of working with a filmmaker who was creating a documentary film about Don Elkins. The project never fully got off the ground before the filmmaker reoriented his vision towards Don and Carla’s colleague, Andrija Puharich.

However, as the saying goes, when one movie stops, another movie begins (or something like that). We have since met another talented and enthusiastic film producer out of Asheville with a vision of a work of fiction highlighting Confederation philosophy and concepts in the Law of One. Initial contract discussions focused around the need for maintaining the integrity and purity of the messages, along with exploring the process of turning the Law of One into a story told through film. Progress in the film industry is typically slow, but we are a expecting a call from Steven Spielberg any day now.

![An aesthetically beautiful image, and an evocative juxtaposition of worldviews/realities. From the film "Arrival."](image_url)

**Channeling Intensives**

L/L Research went back to its roots in this past year as we have now completed our first Channeling Intensive Weekends since Carla’s transition. Jim and Steve T. taught the classes, and we held the first sessions on the first weekend in November of 2016. We used Carla’s outline for her February, 2008
Channeling Circle to learn the basics of preparing one’s self to channel. At the end of this weekend all six new students had made their first contact with Laitos, the Confederation entity who has always worked with new channels. The next two sessions were held the last weekend of February and the last weekend of April, and each of these weekends was devoted to five sessions in which the new students were able to expand the quantity and quality of their channeling efforts. Everyone felt that these weekends were a significant transformative experience, and we shall continue with at least one more weekend again next fall.

**Ongoing Services**

**Public Meditations**

This was the second season since Carla’s transition for L/L Research to host public meditations. We again met from September through May with the first and third Saturdays being devoted to channeling and the second and fourth Saturdays focused on silent meditations. We had as few as three people attend and as many as fifteen. But no matter the size of the group, we always enjoyed a lively round-robin discussion at the beginning of each meeting in which each person got a chance to share significant experiences that were aiding their spiritual growth. These discussions continued after the meditations as well and were always fueled by Trish’s home-baked treats. As always, we will take June, July, and August off and begin our public meditations again on the first Saturday after our Labor Day Homecoming Gathering.

**In the Now Podcast**

We continue our bi-weekly podcast, where Jim, Gary, and Austin gather to discuss topics and questions sent in from seekers, usually about the Law of One or Confederation philosophy. It is an honor and a challenge to offer this service, as preparation and discussion typically send us on our own quests for insight. As of May, 2017, we have 56 episodes available on our podcast page.

**IMU**

Available through the International Metaphysical University (IMU), Jim McCarty offers the open enrollment class: "Basic Principles of the Law of One." The class was designed by Carla as a means to help students understand the Law of One using her book *Living the Law of One 101* as a textbook.

Carla found the principles of this philosophy to be very helpful in her own life, and Jim enjoys helping students through the course.
This class can be accessed at International Metaphysical University’s course catalog page here. This page also includes an introduction video to the class.

**Camelot Journal**

Jim has continued to carry on the tradition, begun by Carla back in June of 2005, of writing a Camelot Journal entry each day to give L/L readers an idea of what we do at L/L Research on a daily basis. Since Carla’s transition two years ago Jim has added the feature of commenting on L/L books that Carla either wrote or channeled. Since December of 2015 he has focused the first part of the journal entry on commenting on the questions and answers from the 106 Ra sessions. Then he shares his activity of the day, which is usually gardening work outside. Then he inserts Gary and Austin’s “Blogworthy Report” where they list their day’s work for L/L. That always lengthy list is followed by the thought for the day from *A Book of Days: Channelings from the Holy Spirit* which was channeled by Carla in the late ’80s. Since the election last fall he has ended the journal entry with the prayer from the nightly Gaia Meditation where love and light are sent to all souls on Earth who are in need of it.

**Social Media**

**Facebook** www.facebook.com/llresearch

Each day we share a couple gems of thoughts from the Confederation. As you might imagine, finding these gems doesn’t require considerable digging as the Confederation has been quite generous with them over the years. One cannot open a transcript or a page without stumbling over riches sufficient for a lifetime. We’ve been sharing quotes on themes from our own studies this season, starting with a month focused on faith before moving into our current theme of will/desire/intention.

**Twitter** https://twitter.com/ll_research

The other platform, Twitter, is manned by our dear friend Jeremy Weiland who somehow finds a way to distill Confederation’s lengthy prose to Twitter’s 140 character limit. Much of Jeremy’s sharing this year happens from his study of the transcript library, currently in the 1970s. He has set upon a quest few have undertaken: to read the entire thing from ’74 onward.

**Instagram** https://www.instagram.com/the_law_of_one/

Then there is Lanny DeBoer who, through some magic we do not understand, has built an Instagram page with almost 38 thousand likes. (Yes, “thousand” with a “t.”) He finds evocative images and associates with them a quote from the Confederation. He approaches almost 1,000 total posts.

**Replying to seeker email**

Among all of the functions and services we provide, responding to seekers who write to us is one of the longest running and most rewarding. We are constantly honored to be the recipients of amazing and insightful emails—ranging from seekers sharing the details of their own spiritual journey, to requests for guidance or help in understanding the material that we share, to simple notes of gratitude and explanations of how the Law of One and the Confederation messages have
transformed lives. We do our very best to ensure that no message or email goes unanswered. It is a truly moving and joyous task.

**Prison Ministry**

Another long-running service we provide is our Prison Ministry, through which we coordinate correspondence between volunteers and incarcerated seekers, as well as fulfill requests for free books from those seekers. This past year, we reorganized and revamped the program, bringing on three additional volunteers to help with correspondence and relaying book requests. Thanks so much to Nick, Lily, and Sam, the Prison Ministry program is growing in volume and vibrancy.

**Forums**

Decades ago, Don Elkins had a vision for a spiritual community based around the Law of One. While such a community has not found manifestation in the typical sense, our online community, Bring4th.org, continues to serve as an online forum of study and kinship for seekers and wanderers who find themselves resonating with the Law of One and other Confederation messages. Hugest thanks to Garry and Jade for offering their incredible, year-round service as moderators (an often-challenging task) for this community.

**Notes From Elsewhere In the L/L Universe**

**Das Gesetz des Einen Verlag, by Jochen Blumenthal**

**Dear L/L Research Community,**

A big embrace and *Hello*! from Bielefeld in Germany to you! From here—surrounded by the Teutoburg forest, not far from the natural monument and spiritual place of the *Externsteine* (two lay lines are said to intersect there)—we are working, almost day and night, to translate and publish the Confederation’s message and all of L/L Research’s, especially Carla’s, works. Together we are a team of already almost ten mind/body/spirit complexes translating, reviewing and publishing in by now six languages. At the forefront of this part of the “unknown frontier of the Creation” where we are attempting to create some positive gravity waves, so to say, is Micheline Deschreider, living in Brussels. While having had to endure brutal catalyst, like that of terror events right in her neighborhood, she has and is meticulously and swiftly translating L/L’s most important works into French.

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By the mercy of the Creator, two more dedicated French translators, Nicolas and Bruno, appeared in recent times. We hope to be able to fill up the L/L Research library with a lot more French translations in this way, and are offering these like all our works also in a variety of other electronic and printed formats. The last renditions we were able to complete from our French side of the publishing house, named Maison d’édition La Loi Une, is Micheline’s translation of A Wanderer’s Handbook carrying the French title Vade mecum du pèlerin errant. Together with Nicolas Turban we completed a good number of recent L/L Research channeling sessions. And our new friend Bruno is already working with a message on his chosen matter: Jesus Christ.

„Master Teacher Jesus“ is also the title of a (not yet in English existing) derivative booklet of which Nicolas is preparing its French version. It makes part of a small series, named the Initiation series, of four thematically centered booklets with which the German main branch of our initiative, Das Gesetz des Einen-Verlag (Deutschland), started its publishing program of publications based on L/L Research channeled information. We attempt to translate these works into other languages that are read and spoken in Europe. In this way we are gladly able to offer publications also in Swedish (translated by Klas Häger) and Dutch (Coen Weesjes) and in other languages.

Our main focus in Das Gesetz des Einen-Verlag is on translating and publishing L/L Research’s channeling archive and books. We are thereby also creating indexed versions of these translations and connect these with regular public media posts on several online platforms. We are also developing the publishing house into a hands-on media company, which involves being listed with our titles in the official ISBN registries and providing our printed books to the National Libraries in Frankfurt and Leipzig. It is a great joy to discover the feedbacks which we induce with our efforts. Not only are our translations more and more quoted and linked to, and talked about; there are a lot of friends of the Confederation who are sharing their good wishes and their joy about having found, something which seems to have been missing so far in our understanding.

Me, Jochen, writing to you as the individual being who I am, can only say that I am very, very thankful for having been able to work with L/L Research, the wonderful souls who make L/L possible and happening, and the Confederation. To me it appears as if I have been connected now to a new kind of energy web, where a powerful spiritual atmosphere is the standard carrier wave, and where the waves of Love also can bring a ship into waving. It’s the pureness contained in the information and love we receive from our Confederation friends, and fourth density vibration itself, which make the heart melt. And sometimes it seems to be required that the heart melts, sometimes into crystallizing tears, upon coming to understand bits of the truth of reality.

My personal intention, my reason why I became involved, and so involved that this work became my life, is to serve the Creator in the best possible way by using the capacities which are given to me. I studied a limited number, but some, old and new spiritual scriptures. But what we have here received as gift, a living trans-dimensional contact, is . . . actually in its entirety almost indescribable, and therefore contains so much potential and opportunities for all people of Planet Earth.

I am inviting and personally stretching out my hands to any reader who would like to join our European efforts for L/L Research and the Confederation of Planets. We seem to be slowly going from international publishing to offering public events, to meeting and possibly living, meditating and worshipping on ecological projects based on Permaculture principles. Anyone interested to
accompany and fly along the same route with us, temporarily or for longer, please feel free to get in contact through contact@dasgesetzdeseinen.de.

In Love and Light,

Jochen

*Photo credit: Daniel Schwen (Externsteine, Horn-Bad Meinberg, Germany)

**Chatroom Meditation, by Jade Norby**

Almost two years ago, our forum moderator and dear friend Garry had the brilliant idea to schedule a formal, recurring group meditation in the chatroom on the Bring4th.org website. A few sessions passed before I was able to participate, but soon after joining my first one, I began to make it a priority. Luckily for me, the final time that was settled upon works perfectly into my schedule as being almost always accessible!

The weekly meet-up quickly became a group of a couple dozen or so rotating souls who would make it whenever they could. Sometimes there are only three of us; sometimes there are over a dozen in the chatroom at once—that’s a lot of activation of the law of squares! We all find that this moment of camaraderie and unified seeking fills our cups up with just a bit more to help get us through the rest of the week, dealing in the day-to-day strife of third density. We also often enjoy extended discourse with each other after a session, which of course just fills our cups up even more. I’ve spent many healing hours chatting about nothing and everything in the chatroom after a nice group session.

We all enjoy it so much, that now, instead of just the generous once-a-week meet-up, we meet twice a week (also on Tuesday night/Wednesday morning)! We also have a bi-monthly earth healing session where those of us who are zealous (me) also meet up for an extra hour to spend time manually clearing our chakras and channeling our best selves into the Earth.

The other weekly meditations have rotating themes, often involving archetypes, chakras, or current events. You can find out more about specific times on the Bring4th.org website in the Meet Up section of the forums. — Jade Norby

**Taiwan Law of One Study Groups, by Terry Hsu**

Once upon a time—those were the golden days in my life—across the western coast of Taiwan we had had TLOO study groups  in Taipei, Taichung, and Chia-Yi. And there were a dozen of members in each study group. With the years go by, the members started to dwindle.

Last year (2016), all of a sudden, the host in Chia-Yi told me that her group prefers to study ACIM (*A Course in Miracles*) from now on. Thus, TLOO Chia-Yi group just vanish in the blink of an eye. It took me some time to get over the catalyst around this event.

In Taipei, a bright young man called Mimi just fly to Australia for his further study. While I feel happy for him, I do feel it is a big loss for our Taipei study group. Fortunately, there are two new members
on board recently. Though the average head count is still less than 5, it seems promising that we can go thru the study TLOO for a full circle.

In Taichung, it is very lucky that we had completed the study of TLOO, from head to toe, so to speak. Now we are reading the Q’uo material monthly. Again, the average head count is less than 5.

On May 12, 2017, a wonderful thing happens! Mr. Jianing, who is a devoted scholar of TLOO (we've known each other for over a decade, but we never meet together face to face) was en route to China last week and made a special stop at Taoyuang airport to meet my wife & me. Though the time is certainly too short, he did inspire me a lot. He said, what's the essence of LOO but to work on self. He also quoted TLOO 1.7: "You are every thing, every being, every emotion, every event..."

Finally, I also wish to quote TLOO 48.5, that Ra said "Therefore, forget you the counting." It is indeed so. Look back all these years, though we didn't become quite successful in a quantitative way. Each and every study meeting of TLOO is a "Ding an sich" (as Carla used to say), amen.

Of course, there is learning, joy, and excitement in each study meeting. But imho, they are hard to describe in words.

So, why don't you (all readers) host or join a local study group yourself?! — Terry Hsu

Cosmic Genesis & Archetypes, by Joseph Dartez

I have been asked to revise two written works for inclusion in the Resources companion to The Ra Contact (aka Volume 3). I would first like to publicly express my gratitude to Jim, Gary, Austin, and anyone else responsible for making this decision. I don't consider my work to be the final word on these subjects, but I am glad to hear that my efforts are of high enough quality to be published as a footnote to Ra.

I originally composed the first work, "Cosmic Genesis in the Ra Material," as a first set of entries for the Ra Glossary project (whose advance is unfortunately very slow and marked by stop-and-go stages). In this work, I chose to tackle what I considered to be the most abstruse concepts in all of Ra's vocabulary. Some notable inclusions are: intelligent infinity, intelligent energy, and the first three primal distortions of the Law of One. These encyclopedia-style entries are designed to explore the many different aspects and connotations in these terms as they are used by Ra. I often take detours into supporting concepts, such as "kinetic," "potential," and "focus," in order to offer a robust exploration of the primary concept in question. My hope is that they help readers more effectively penetrate Ra's meaning when they deploy these disorienting terms.

The second work, whose current title is "An Archetype Workbook," was originally written as a take-home supplement for the attendees of the 2014 Archetype Workshop, which I was given the honor of leading. This workbook represented my best effort at elucidating the "kernel" of each archetype and establishing the specifics of their relationships to each other. It is fundamentally informed by my intention to be 100% felicitous to Ra's statements about any given archetype. My general goal was to extrapolate as much information as possible from Ra's words without fixating on the specific symbols in the images, and then to offer practice suggestions for the use of each archetype. The reason for
leaving out the interpretation of symbols that is so central to the Ra group's study, is that it allows for a much shorter treatment that still has some depth. Symbolic interpretations are left implicit in the work. In the three years since this workshop, I have spent many hours reflecting on these archetypes and written hundreds more pages about them. This work will be aggressively revised—and its quality hopefully improved—prior to publication. I'm very excited to offer this harvest of my labor to the greater community. — Joseph Dartez

**L/L Visits Asheville, North Carolina**

We (Jim, Austin, Gary & Trish) made a trip to visit and speak to the Asheville Law of One Study/Practice Group. We returned feeling something of Dorothy opening the door to Oz while in that mountain town. Not that it was a land of the fantastical or imaginary, but that we discerned something new is happening there, something that is an early manifestation of—what the technical terminology of the Lo1 calls—the fourth density, the actual living reality of the beginnings of a new paradigm.

Jim's ebullience upon returning fit the experience: we encountered a place that offers balm to the isolation of the wanderer, balm even to L/L Research, in the community of seekers who are innovating ways of living based upon love, understanding, and interbeing; moving step after step away from the story of separation and its attendant pain.

To the Asheville Law of One Study/Practice Group, seeded and organized by Aaron Maret, Jim offered two presentations: one on the history of L/L Research and another on tools for the spiritual seeker. Gary offered a presentation on the topic of how L/L Research offers its service. And Jim, Gary, and Austin offered a Q&A period with a wonderful group of very open hearts and open minds.

The following day Jim returned home and Gary, Trish, and Austin stayed on to attend the study/practice group’s weekly Sunday meeting as they discussed Session 22. They have a unique format that analyzes the material itself, but also draws upon the written word to find connection points to their current lives. And, importantly, they make focus on the community itself: their connections, their experience, and their wellbeing. And most importantly, they bring potluck foods to satisfy the belly.

We also spent time working and having a lot of fun with the man of permanent smiles, Zak Kilberg, Aaron's co-conspirator, on the prospect of producing some form of TV or movie media from L/L's work.
We thank Aaron, BJ, Karin, Asher, Zak, Iz, Janell and all the other beautiful souls we met. We hope to return to Asheville sooner rather than later. We hope more so that as the outer world seems to unravel, there are similarly strong points of community-based light springing up around the world, telling a new story, living a new way, and holding the space for the birth of fourth density.

What we realized that weekend is that, however the discrete boundary is crossed, however the quantum shift happens, fourth density will be birthed through those doing the work of love and understanding on the ground. That is how it literally comes into being: through points of light such as we witnessed in Asheville, and points of light such as we see in each of your hearts, from wherever on Earth you may be looking up to the stars.

The More Beautiful World, An Open Letter From Gary Bean

For some (many, most?) on the planet, the outer disharmony seems lately to be intensifying to new levels. I have heard of spiritual seekers significantly challenged by the circumstances and energies of this moment, grappling with anxiety, fear, loss of hope, and despair. I have not been exempt from these challenges.

I write because in my own processes of meditation, seeking, and serving, I stumbled upon an author whose work has been—perhaps quite literally—an answer to a prayer. The work has struck me so profoundly that I created my first open letter to the community.

His name is Charles Eisenstein. He's authored several books and many essays, but I landed first upon his most recent masterpiece, a book titled The More Beautiful World Our Hearts Know is Possible.

In time of great need, The More Beautiful World cut directly through the darkness surrounding my heart, locating that secret place where I keep the tender thread of hope hidden. And then it gave my hope life. And voice. And basis. And permission. His words and vision spoke to my own longstanding but hidden pain of being alive, and helped me to know that it was okay to breathe again. I felt healed. And cried with relief.

Eisenstein speaks powerfully of a better world that's available within all of us, one that is taking root on planet Earth. In both broad and nuanced strokes, he describes the ending of an old story in order to make space for the birth of a new. He speaks to the profound uncertainty of this moment, its sometimes dreadful nature, and the necessity of traversing the distance between stories in naked unknowing. He encourages being receptive and open to the new birth, to listening to what we might call the promptings of spirit, and to holding a vision of love and empathy.

But he does so while being politically, worldly astute. A most unusual feat, as usually one gets only the political/economical/social perspective, or only the spiritual perspective. Rarely are they perfectly married. Rarely, as well, with such holistic and integral analysis of the world picture. It is not a metaphysics that reaches as deeply into the unknown as the Law of One; rather, it is about our lives...
at this particular time in this particular place, underpinned by a philosophy of real compassion, of asking the central question of what it is like to be you.

I find infinite value, meaning, and purpose in the Confederation's message—there is no end to the inspiration and guidance it has offered me. But no matter how it directs the eyes to the eternal, and lifts the vision above the trees, it cannot completely and/or competently address the circumstances on the ground, whether due to limitations of free will or ability. Consider Ra's admission of limitation here:

> Our social memory complex cannot effectually discern the distortions of the societal mind/body/spirit complex of your peoples. We wish now to fulfill our teach/learning honor/responsibility by answering what is asked. This only will suffice for we cannot plumb the depths of the distortion complexes which infect your peoples.

Charles Eisenstein, however, can. And with what to me is monumental strength of intellect imbued with the depths of the heart’s wisdom, he makes the greatest, best, most informed case I've ever seen for hope itself; in visionary fashion outlining a transition to a new world that looks remarkably, joyfully, even tearfully like the transition the Confederation describes from third to fourth density. A new world that is birthed not by imposition of some external force, but by our efforts and our state of being here, on the ground, in this world. Not something we *make* happen, precisely, but something we open ourselves to happening; something that emerges as a manifestation of vibrating love without fear, acceptance without control, service without expectation of return.

It dovetails so beautifully with the Law of One. Among the various Law of One-congruent principles he speaks to:

- How, as the Law of One indicates, "universal love freely given is more to be desired than principalities or even the rearrangement of peoples or political structures."
- How all services are equal if done with presence and the open heart.
- How much of the work of what we would call the positive polarity happens behind the scenes.
- How the universe works in ways that corroborate Ra's statement: "Consider, if you will, the path your life-experience complex has taken. Consider the coincidences and odd circumstances by which one thing flowed to the next. Consider this well."
- How to navigate, potentially, the perennial issue of the balance between spirituality and activism, emphasizing the ascendency of beingness over doingness, without devaluing action in the world.
- How self-work is, from the right vantage point, as Carla would often point out, world-work.
- How what's needed is not necessarily a political/economic/social solution, but a spiritual one—opening ourselves to an entirely new story about who we are, and then giving it the space to emerge from the ground up.
- As well as multiple chapters elaborating skillfully on 18.5 where Ra says: *The proper role of the entity is in this density to experience all things desired, to then analyze, understand, and accept these experiences, distilling from them the love/light within them. Nothing shall be overcome. That which is not needed falls away.*
His is the visionary voice of a new, emerging paradigm, one described by Confederation sources as "love and understanding"; where love is visible, where the thoughts, memories, and experiences of the individual are available to the whole, where "individual differences are pronounced although automatically harmonized by group consensus." Where a more beautiful world is a lived experience.

Whether your hope is a raging fire, a quiet slow burner, or a delicate ember tucked away in the secret recesses of your heart, this book may give it long-sought life and nourishment, guidance and inspiration. Hope's greatest life-support and meaning comes, of course, from our direct connection to the divine, but insofar as the illusion has any sway over our thinking, we are aided and strengthened by the voices of others speaking a new world into reality. You may find your soul put to words, and the purpose of your incarnation re-awakened and energized. I could not recommend his work more highly.

With love and light,
Gary L. Bean - Director, L/L Research

Adonai Vasu Borragus

L/L Research is a collaborative effort that is kept in motion thanks to a network of friends and family from around the world who donate their time, talent, or, because it’s alliteration, treasure. Over the course of some years we work with upwards of 50 volunteers. Some volunteers sign on for a short-term task, some take on a single but enormous long-term task, and many stay with us throughout the years, offering help when and as they are able. Indeed L/L has primarily been a volunteer, labor-of-love service since it was first conceived by Don Elkins and Carla Rueckert in 1970.

L/L Research is extremely blessed in this regard. Our little organization literally could not serve others as it does without the dedication and love of volunteers who wish to assist this particular mission. There are too many wonderful people to name them all here, but we do compile an annual list to say thank you which we publish to this page.

In addition to those named above, a special thank you to Steve E., Aaron Turner, Mary Allen, Tomas Karlsson.

Each of you seekers and pilgrims in search of truth, we love you all. You make our lives worth the living. Adonai, brothers and sisters.

The Gatherings Newsletter is written and performed by Gary Bean, Austin Bridges, and Jim McCarty. No discarnate beings were harmed in the production of this newsletter.
Other Law of One Study Groups
The following is a small list of study groups forming or already formed around the world along with their contact information. Feel free to join them in study if you find yourself in their neck of the woods!

If you would like to see your group added to or removed from this list, please let us know.

**Asheville–WNC (Western North Carolina) Law of One Study/Practice Group**
Location: Asheville, North Carolina
Led by Aaron Maret amaret@gmail.com

Our primary focus is hosting a weekly study group, balanced between building group coherence through personal sharing, and discussing the sessions from the Law of One. We also organize informal social events such as potlucks and film screenings. And we are experimenting with practice groups that support living the Law of One and consciously supporting a peaceful transition to fourth density.

**The Bring4th Chatroom Meditation 1 (weekly)**
Gathering Point: Cyberspace/Chatroom
Contact: This [forum thread](#) is updated weekly, or you can email Garry Fung (ggwfung@gmail.com) for further details and co-ordination.

We have been conducting a weekly meditation for a year and a half now. A different topic is chosen each week, usually with a starting point in the Law of One material. Interested seekers gather in a chatroom on the Bring4th Website at 10:00am, eastern standard time, each Saturday. Because of time zone differences around the globe, we can help you determine what that time is, for your local area. There is a core group of 4 members who are steadfastly present each week, so you can count on being in good company!

**The Bring4th Chatroom Meditation 2 (weekly)**
Gathering Point: Bring4th’s Chatroom
Contact: This forum thread is updated weekly, or you can email Jade Norby (mataaou@gmail.com) for further details and co-ordination.

We have been conducting mid-week weekly meditations since January, 2017. A different topic is chosen each week, usually with a starting point in the Law of One material. Interested seekers gather in a chatroom on the Bring4th website at 1:00am, eastern standard time, each Wednesday. Because of time zone differences around the globe, we can help you determine what that time is, for your local area. There is a core group of 4 members who are steadfastly present each week, so you can count on being in good company!

The Memphis Law of One Study Group – local and Google Hangout
Location: Prema Healing Meditation. 5658 S. Rex Rd, Memphis, TN 38119
Led by Dean Graves deanhalf@gmail.com
(901) 308-4599

We meet every Friday evening (holidays excepted) from 7:00 to 8:30 CST. The group is relatively small but cohesive which allows for an intimacy and specificity in questioning and answers. The meeting format varies according to the needs of the participants with some longer participating attendees having a greater understanding than newer ones but our objective is to make the material as understandable as possible. New seekers are always welcome and encouraged to question everything they may have concerns about or don't understand. We welcome your addition to our group.

L/L Research
Louisville, KY
Led by Jim McCarty, Gary Bean, & Austin Bridges
contact@llresearch.org

Public meditations are held every first, second, third, and fourth weekend from September through May on Saturday afternoons. All are welcome!

Taichung LL Study Group
The Seth Foundation, Headquarter
Contact telephone/FAX: (04)22364612

We have been gathering once per month since 2007. We just finished a round of studying the Law of One books. Currently, as of May 2017, we have been studying the L/L Library monthly.

Taipei L/L Study Group
1F., No.4, Ln. 79, Jingren St., Wenshan Dist., Taipei City 116, Taiwan (R.O.C.)

The Law of One books are the main focus of our study. Currently, as of May 2017, our progress is in the middle of Book3 (Session 61). We gather regularly on the second and fourth Wednesday evening per month.

Talks with Scott Mandelker
http://talkswithscottmandelker.com || www.scottmandelker.com

Wanderers’ Notes / Healing & Balance / ET-Earth History and Cosmic Plan
* Weekly 2-hour Skype-based class on the Law of One
* Reading, commentary, and discussion of selected Ra compilations:
* Personal sharing, questions and intelligent group interaction ~!
* $10/session or $35/4-sessions, with free audio file downloads

Current Talks & Interviews:
* [YouTube](https://www.youtube.com) (regularly updated)
* [Vimeo](https://vimeo.com) (YouTube mirror)
* [Mp3 Podcasts](https://www.youtube.com) (Ra & Law of One)—[All other talks](https://www.youtube.com)
* [Apple iTunes Podcast](https://www.youtube.com)

Essays & Compilations:
* [Writings in Japanese](https://www.youtube.com)
* [Writings in Spanish](https://www.youtube.com)
* [Ra Material PDF Compilations](https://www.youtube.com)
* Main Archive & Blog Site: [www.scottmandelker.com](https://www.scottmandelker.com) || [http://talkwithscottmandelker.com](http://talkwithscottmandelker.com)

Books & Essays (ePub, PDF & hard copies):
* [Lulu Store](https://www.youtube.com)
* [Amazon.com](https://www.youtube.com) (Pricey ~!)

Personal Counseling Sessions:
* [General information](https://www.youtube.com)
* Email contact: [scott@scottmandelker.com](mailto:scott@scottmandelker.com)

Imagine that this clock had eight positions (the eighth being the first of the next cycle) and the hour hand was pointing to the very start of the fourth position. Or just imagine it’s a giant donut. Either way, awesome, right?