



L/L Research is a subsidiary of  
Rock Creek Research &  
Development Laboratories, Inc.

P.O. Box 5195  
Louisville, KY 40255-0195

# L/L RESEARCH

www.llresearch.org

Rock Creek is a non-profit  
corporation dedicated to  
discovering and sharing  
information which may aid in  
the spiritual evolution of  
humankind.

---

ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

CAVEAT: This transcript is being published by L/L Research in a not yet final form. It has, however, been edited and any obvious errors have been corrected. When it is in a final form, this caveat will be removed.

---

© 2006 L/L RESEARCH

## MONDAY MEDITATION

JANUARY 7, 1974

*(Unknown channeling)*

I am Hatonn. I greet you, my friends, in the love and the light of the infinite Creator. It is a very great privilege to be with you this evening. I and my brothers are here. We have been here for many years, and we have given freely to your people that which we had to give, our knowledge of truth. Unfortunately, there has been too little dissemination. Most of your people are unaware of contacts, and if they are aware of them, they have been misled. They do not understand what we have for them.

Your people are somewhat unique. We have visited other planets, and made contacts such as this one, and we are listened to, for they recognize truth when they hear it. The people of your planet do not seem to recognize truth as easily as the other peoples of which I just spoke. The peoples of your planet are quite hypnotized by a false illusion created by themselves. At an earlier period in your history, many more of your people would have paid attention to our words, for they were, as you might say, more superstitious at that time. It is only necessary that our words be made available to your people. Those who will recognize them as truth will do so. Those who cannot recognize them as truth will not. It is as simple as that. There is no need to impress this information any further upon your people than simply exposing them to it. This, however, has not been carried on in sufficient

quantity. It is for this reason that we are now attempting to impress upon channels such as this one the need for greater dissemination of that information that we have to present to your people.

We of the Confederation of Planets are here, and have a job to do. We have been working diligently at this job for many of your years. We are aware of the problems that you face in attempting to make more of the people of your planet aware of our communications, but we will assure you that we will aid you in doing this. As time progresses, more and more aid can be given. You will have noticed that in the past twenty years attitudes have changed considerably. Things that were very difficult to talk about with the general population are now relatively easy to talk about. Their acceptance of our presence is much greater than it was in the past. Your own expeditions into space, however slight, have aided greatly in the acceptance of your general public's attitudes toward possibilities of extraterrestrial contact.

We of the Confederation of Planets in the Service of Our Infinite Creator are here to contact you now. We must emphasize this: we are here to do this. This is our purpose. We must, however, make this contact very, very carefully, in a predetermined way. That is what is happening in this room at this instant. There can be no variation from this technique at this time. We have had many experiences in contacting peoples. It has always been

found that it must be done with extreme caution. There are grave consequences when an alien society is impressed directly upon another society, especially when technological separation is as vast as is ours.

Your people would not understand at all. They would not accept us for what we are. We could not walk among them and be accepted, and this is what we wish to do: be accepted. For, my friends, we are all exactly the same. We could not speak directly to your people and have them gain benefit from our teachings, for they would feel that they must accept, without question, what we say. This is of no benefit, my friends. You are here, at this time, as we are where we are, primarily to seek. To seek in our own way that which is the path back toward the Creator of us all. An interruption that is too great in this personal seeking is not a very good thing. For this reason, we are unable to directly contact your people. We must provide them, however, with that which they need. And this we are doing to the best of our ability.

However, it is of extreme importance that those of you who are available to help us do so. You will find that, at first, you may have considerable difficulty in doing this because, as this instrument has stated, it is a tricky business. You must always remember that the individual must seek. If you provide information, then do it so that it is understandable, simple, and in no way forced upon the recipient. We of the Confederation of Planets in the Service of the Infinite Creator are always with you. We are constantly serving you. It is only necessary that you avail yourself to us, and we will be there. In the future, in the very, very near future, you may expect much, much more support from us, in a physical way, for time now grows very, very short. Reach out to your brothers in space, as we do to you.

I will leave you now. I am Hatonn. I leave you in the love and in the light of our infinite Creator. Adonai vasu.

*(Pause)*

I am Oxal. I greet you, my friends, in the love and the light of our infinite Creator. It is a great privilege to be with you. I and my brothers are here. This you have heard, and it is true. We are here, and we will remain here, until the entire program on your Earth is complete.

We are here for a special purpose. We are here to serve. Think of this. We are here to serve. This is important. As you now near the end of a master cycle, there will be changes in your physical world. These changes should not be feared. They should be welcomed. For they are signals to you that a new age is dawning. If you understand it, and walk among your people unafraid, then you too will serve. For they will see in you an inner knowledge, which we will provide you. We will also serve you through the absolute limits of our ability. There are cycles in time, and cycles in space, and all things operate in cycles. Your planet now approaches the end of a great, great cycle of time. This has been a learning time, an evolving time, a time of growing. And many of the people of your planet are now ready for a transition to a much more glorious existence.

But they will not understand this transition unless they are told. There have been many contacts speaking of this transition, but too few of your people are presently aware of what is shortly to take place. It will be necessary to provide them with the reasons for what they experience. It is only necessary that you avail yourself in meditation to be able to understand and therefore serve. This is your call. This is why you are here, where you are.

We of the Confederation of Planets are aware of all of the problems which confront you, for we are in contact with you at all times. It is not an easy place to exist, your world. But pay it no attention, for it is not a lasting world. Everything that is happening and will happen is not really of any importance. It will shortly be gone. We speak of a lasting creation. An unchanging, but infinite, creation.

We will at all times serve you. This is our duty. If you will meditate, and avail yourself to the truth, you will understand your true position, and you will know your duty. I am Oxal. I will leave you now. I leave you in the love and the light of our infinite Creator. Adonai vasu borragus. ✨