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## SUNDAY MEDITATION

APRIL 16, 1989

**Group question:** The question this evening, J, has to do with the basic sounds, shapes, colors, and mathematical equations that are found in nature. Is there a fundamental mathematical equation or relationship between any, or among all, of the basic shapes, the manifestations that we see in everyday life within the primal nature environment? Is there a correlation between the manifestation? Does it have a shape and a sound and a color and a mathematical equation that will tell us what it is if we only know one of those factors about it?

*(Carla channeling)*

I am Yom. I greet you in the love and the light of the infinite Creator. We are most pleased to be called to this group. We have never used this instrument. There is a good reason for not using this instrument. This instrument is very ill equipped to speak in scientific language. We shall, however, do the best we can with this instrument as your subject is one which, shall we say, we cover when it comes to the type of call that comes to Confederation entities. We tend, shall we say, to specialize so that each of us may learn a somewhat different lesson in service, given that we have a certain gift in our culture for one thing or another. For us, it happened to be that science led us to what you would call religion rather than religion leading us to science. Therefore, we are those of faith who learned through science rather than those of faith to whom science may seem to be an adversary. Thus, this is our subject and we are

most grateful to have this call from you. We do apologize for this instrument's paucity of acceptable technical vocabulary, for there is much within your scientific jargon which we could use if this instrument were aware of the words. This instrument does not wish to go into trance, therefore, we shall have to give you the layman's version of our studied answer to your query which was, although awkwardly phrased, an important query we thought, and one which deserved, perhaps, to be restated in terms of its central question.

That is, is there an order to nature and does it somehow coincide with a metaphysical order? We feel that this was the question that was attempting to be asked, and it is a large subject. First of all, let us address the subject of order.

In the sense which most of your measuring devices could discover, there is only observed order and not true order. In terms of metaphysical order, the universe gives certain hints of the nature of this order. It does not occur to entities how fragile their physical vehicles are and how probable it would be, were there not absolute order, for there to be enough significant variation in the habitat of creatures such as yourselves that life would not be possible. One may gaze at the starry sky and notice that the light is neither imploding nor exploding. The stars remain fixed, although, we may note, there is always the oxymoron in spirituality. You gaze at the past as you gaze at the order of the universal sky. There would

have to be infinite order, for the Creator is without order. Anything that is created is created first because the Creator had a Thought, a Thought of Love. It decided to create beings of Itself, so that they could exist in illusions, react as free conscious entities and send back to that Self that is the Creator within that information about the self to the Great Self.

Thus, the Creator created a principle, a Thought; it was Love. Love chose, out of all the ways to create, the particle called the photon. Light is your constant in a metaphysical way that is not at this time measurable by your scientists. The radiance of the sun which may physically be measured is notable in that it moves in a constant rate of speed. This velocity organizes and is the tune of love. It both is and moves. It is that which creates space and time.

As all is a unity, all things within the creation that is local are, indeed, fractions of that which you may call unit velocity or the speed of light, for the photon creates all that there is and creates it, not as your scientists believe by the creation of mass, but by the creation of vibratory energy patterns in a severely hierarchical and mathematical order.

The link between many unrelated observed simultaneous periodic happenings is a link that is tangential to that basic common denominator which you call the speed of light, it being the vibration of intelligent energy and that which your universe must be builded from. There are hierarchies of order. Much as in your classifications of plants and animals, there are the phyla, the genera, the species. So in anything which the Creator has wrought, there are hierarchies of energies. Thus, within the world which you call your natural world, there is a good deal of order.

Now, some of this order must seem somewhat random because it has to do with time rather than space. We have trouble expressing our thoughts through this instrument but will forge ahead as best as we can to try to explicate this hierarchy. It is as though there were one universe which contained one great principle, that principle being Love. In all forms, from animal to mineral, to the vegetable kingdom, to spirits of air and water, wind and fire, to gods and goddesses and planets, to all the mythical thoughts of all the cultures, there is, indeed, an order. Yet some of this order is, shall we say, the “y” axis, and your scientists move along the

“x” axis. The intersection at the very middle is the constant. The universe is one and expresses itself as love.

Now, it is understandable that gazing closer and closer at an object with the tools at your disposal, your scientists would gradually find that nothing can be measured. You are part of an intelligent infinity. You are all one thing. Finitude is apparent but it is an illusion. Press that illusion and it shall fail. The average, as this instrument would say, man on the street does not know how to press the illusion except by the use of mind-altering substances. The thinker, the religionist, and the scientist have far more resources. And they shall discover chaos and order and chaos and order once they discover the hierarchical nature of consciousness, for all is perfect in its consciousness and life and all is the Creator, yet there are various manifestations of consciousness, from the least conscious rock to the self-awareness that each of you who seek now show as you choose to seek the truth. Can you measure yourself? Do you have order? Yes, my friends, you are creatures of geometrical order. Your mind can be understood. Its resources may be used, but may we say to you, that along the “y” axis of time, there is that which is called patience. All the emotions are those created by time. Emotions are to be given their due in understanding as best you can that which is the natural order of the self-conscious entity.

Therefore, each of you must think and feel. And you will find that your scientists will make their breakthroughs not only as those who use those numbers which have proven effective in creating useful things in the past, they will also be using themselves as instruments—their intuition, their deep knowledge, the discipline of their personality. To this approach will the illusion offer the most clarity of observation. We know not how to offer you a mechanical way to gaze with this wisdom at the world of nature. We cannot, because of the restrictions of infringement upon free will, discuss the qualities of such things as the use of the voice in speaking or singing, or instruments in making tunes or colors or shapes. We can say specifically that one may think of some of the shapes which one may see among your peoples as you might think of the brands of your cattle.

This instrument is challenging me again. Pardon me, we must pause.

*(Pause)*

*(Carla channeling)*

I am Yom. I am again with you. This instrument is very keen on the challenging, we must say. She hurls herself at us, and we would be most fearsome and want to leave, indeed, if we did not come able to say, "Christ is Lord." This child has Christ as Lord, thus, we may say that. We may therefore stay, but, my goodness, this little entity is very fierce.

Now, we were speaking of the metaphysical order of the human personality. It is to be, because of the needs of time, a slow and gentle penetration of the subconscious by the conscious mind. It is a very, very good idea to remember that that which is the most real thing within this illusion, that is, the human spirit, has both the "x" axis of space and the "y" axis of time. It is, therefore, an entity of love and it must be approached lovingly. The subconscious must be wooed, not only gently, carefully, discriminatingly, but also with gentleness, with returned passion, with respect, with praise, and with honor.

It may seem unnecessary in meditation to approach the silence as one would approach a lover, yet we ask you to sit and listen as you would listen to the one you adore, waiting with bated breath for that moment when you are aware that you and the Creator are lost in light together.

This experience is the teacher that is the basis of all of those inquiries that each field of study shall make that shall offer a more appropriate model of the illusion, for once one understands the reality, one may see, of course, the illusions are carefully, systematically and hierarchically engineered. We may suggest one application that a member that is present in this group would find especially interesting, and that is that there are connections between sounds, shall we say, and color, however, perhaps the most satisfactory blending of "x" and "y" axis is the use of the human voice in the chanting and praying simultaneously. For there is the notation, black and white upon the page of music, the words to speak clearly, and then the "y" axis of emotion, the breath of finitude, the time factor. You see time as a river. See time, rather, as a woman and woo her. Enjoy her and honor her, for that is one of those measurements which is beyond knowledge. Lost in infinity, the parentheses of birth and death in an incarnation is not measurable. There we have a

random effect, yet it is not random, as many things are not random. They are choices made at some hierarchical level of creation by a Creator, which above all things in the vast illusion of the infinity that we call space and time ...

We must pause. We are Yom.

*(Pause)*

*(Carla channeling)*

We are Yom. We are again with this instrument, but we find that we have a fatigued instrument and we are losing this instrument, therefore we would attempt to transfer to the one known as Jim, if this instrument would accept the contact.

We will now leave this instrument in love and light. We are known to your group as Yom.

*(Pause)*

*(Jim channeling)*

I am Yom, and greet each once again through this instrument. This is a new instrument for us, and we are grateful to be able to speak our thoughts through it, however, it may take some coordination, shall we say, upon our part and upon the part of the instrument as well, before we have a satisfactory contact. We are happy to work with this instrument and shall do so as we complete that thought which we have begun through the one known as Carla.

My friends, as you are trapped within the infinity of all that is by your experience within your illusion, you find yourselves pondering the relationships between yourself and that which is about you. And we have spoken this evening of those relationships having as their unifying factor that quality of the Creator which is called amongst your peoples the photon—light, my friends. You travel and are at your very heart moving within this light which has love as its product, love that is formed in such and such a way according to the vibrations of light that has formed all that is. You find yourselves attempting to penetrate the mysteries of your existence, which means that you attempt to penetrate the nature of love and the nature of light and the nature of free will which has created both of these qualities, the nature of the one infinite Creator, that Creator which has chosen to set in motion the creation as you know it, and the creation that lies beyond that which you know, that which rests in mystery.

As you explore on the equations of your relationships, on the qualities of your experience, you will find that the components of these equations can be reduced to your ability to accept more of yourself, of the creation, and of your experience as being whole and perfect within itself, lacking nothing. There is within each human heart the ability to express this acceptance in a direct ratio with the sincere desire to know what you call truth, for as you sincerely seek the truth of your experience and of yourself, you will find that all has the foundation of love and the qualities of light as it vibrates in a specifically defined field that gives you a framework or an environment in which to exercise your love. Thus, the creation has been made that you might play, as it were, study, romp as does the young kitten in the fields of experience that are made possible by the vibrational frequencies of the light which enfolds you and the love which empowers you.

At this time, we feel that we have spoken upon this point in relationship to the ability of these instruments to express, in general terms, an introductory exploration into the unifying factors of shape, of sound, of color, and of the conceptualizations that depend therefrom. Therefore, we shall at this time ask if we may speak to any further queries which those present may have for us, realizing, of course, that we have a difficulty with the vocabulary of these instruments.

**Questioner:** I have a question. You mentioned that sound has a relationship with color. Does sound or vibration also have a manifestation as form or shape?

I am Yom. The phenomenon of sound that is the vibration that is perceived by the ear has not only the color that is caused to spring to the clear mind, but may have a shape according to the, shall we say, receptive abilities of the one who hears the vibration. This is to say that there is an interrelationship and an interaction between the vibration which is heard and the mind of the one who hears the vibration. The color correlation is more nearly, shall we say, of an objective nature, and may be formed according to the desires of the entity experiencing the sound vibration. There is, however, also the possibility that if the source of the sound vibration desires, there may be a transmission of concept or form in what you may loosely call the holographic picture that may be perceived, then, by the receiver. There is in

that case, then, a more definite image which is possible to construct according to the construction of the sound vibrations, these vibrations being multiple in nature in order to construct the image.

Is there another query, my brother?

**Questioner:** Yes. When a thought is created, does this thought become a vibration or is it already a vibration that, again, is manifested as a form?

I am Yom. You may see each thought that is created by the thinker as being similar to the message written upon the sand next to your body of water. The action of the waves will erase the drawing if it is not repeated often enough. The thought, which has but small duration, then, does not retain its integrity over a long span of time without the re-thinking or re-creation of the thought.

Is there another query, my brother?

**Questioner:** Yes. Within the electromagnetic spectrum, we are limited in our instruments to visual phenomenon, auditory phenomenon and tactile phenomenon. Are we also limited to shapes within these phenomenon and creation of forms? Are there some basic shapes that we are locked into in this field that we exist in? Are there basic—five or six basic shapes reoccurring in nature?

I am Yom, and within your third-density environment we find that this is, indeed, true, for the experience that you now enjoy has certain parameters that preclude further construction of shapes that would exist beyond those which you now know as the fundamental geometric shapes. We find that it is difficult to describe with the words of your illusion that which may lie beyond the illusion in terms of the shapes, those that would partake also in time. Therefore, we must apologize for our inability to describe beyond the limits of the words and the limit of this instrument's vocabulary.

Is there another query, my brother?

**Questioner:** Yes. Are the basic shapes squares, triangles, lines, pyramids ...

*(Side one of tape ends.)*

*(Jim channeling)*

I am Yom, and am again with this instrument. As we perceive the query, we might suggest that the basic shapes which you have described are those which are, indeed, fundamental to your illusion, and we

would suggest that the limitation that exists is one which is related, as we spoke previously, to the parameters of your illusion which make it possible.

**Carla:** I have a question. Do circular shapes and spirals have more to do with the “y” axis than the “x,” more to do with time than space?

I am Yom. These shapes have a great deal, indeed, to do with that which you call time, for their construction suggests that which is eternal, that which has no beginning and no end and their utilization as a form of metaphysical geometry, if we may use these terms, is to suggest to the deeper mind the concept of eternity and the mystery which surrounds it in order that the seeker might utilize these shapes as a type of visualized mantra that will awaken certain portions of the unconscious mind that has contained within it the more fundamental perceptions regarding the self in its relationship to the current illusion and the movement beyond the current incarnation in order that the seeker might begin to relate itself to those qualities that it currently sees as beyond the self, but which, in truth, are contained in a larger perception of the self.

Is there another query?

**Carla:** So even the DNA double helix points directly to the mystery of the Creator in infinity, is that right?

I am Yom, and this is quite acceptable, my sister.

**Carla:** Thank you, Yom.

**Questioner:** I have another question. If ... is the point of the “x” and the “y” axis our present incarnation? And if so, then we exist also in the ... beyond the present incarnation at the same time and we create and generate forms and realities coexistent with the present incarnation. Is this true?

I am Yom. We find that your observation has a basic correctness to it, though we are unsure as to our ability to add significantly the ramifications which we feel are significant. The intersection of the, as you have called it, “x” and “y” axis, is a point within an incarnation, as well as being, perhaps, seen as the incarnation itself. In this description, then, you may see the point as not just the point, but as describing a progression or that which would begin to appear as the moving line as the incarnation itself progressed. However, this again lacks refinement, for the line does not move in a singular path, but has variation

according to both the “x” and the “y” axis as well as varying according to certain, shall we call them, internal rhythms or predilections of each individual seeker.

Therefore, there is oftentimes a contact with or an awakening of latent portions of the personality or of the greater self which would add a certain influence that would also need to be registered upon the point that has become now a line, which again begins to move in other directions so that there is described that which begins to shape—we correct this instrument—begins to take a shape or a form, so that the point then becomes the line, then becomes three-dimensional, then begins to take the form of a picture so that you might see the incarnation as completing a kind of sculpture, so that after a certain point, the analogy of the “x” and the “y” axis becomes too simplistic in order to describe the entire range of this process, that is, the self moving through an incarnation that moves through a creation that is itself moving within and beyond itself.

Is there another query?

**Questioner:** I’d like to ask that a different way. We exist in the third density but we also exist in the fourth, in the fifth, in the sixth simultaneously, and probably more. And we are able to leave the present density and see different times and spaces and personalities of ourselves. Is that right?

I am Yom. Again, we do not wish to mislead by oversimplification, for there is a great deal of what you would call complexity and extrapolations and ramifications to this simple statement. For many, this is, indeed, true, that there are parallel existences that may, in certain instances, be tapped into, as you may call it, so that information might be received in one fashion or another, whether through dreaming, through the creative process, through the intuition or through information that simply appears within the mind complex.

There is, through this communication to the self from other portions of the self, the attempt to widen the point of view so that there is the possibility of enhancing the current incarnational experience in a manner which fulfills the goals for the incarnation that were set prior to its inception. However, there are some entities that have as their primary experience this incarnation and this incarnation alone, for their objectives have a far simpler construction and are in need of the more, shall we

call them, nuts and bolts type of experiences that will allow for the beginning of the construction of the larger conception of the self that shall at a later incarnation, shall we say, be added upon.

We would ask for another two or three queries before we finish this session with this instrument.

**Questioner:** I have a question.

**Questioner:** Go ahead. I have one more, but I'd like to ... I've been dominating, I'm sorry. Somebody was ask ...

**Questioner:** I would like to ask a question. This is kind of not on the same subject but it's a ... it's a kind of a burning question. Is it possible that—is it possible to make a wrong decision? I have to make some very important decisions with people that I associate myself with in the next few days and there are many possibilities, there are many ways to go, and no clear-cut answers as to which way to decide, and is it possible that we can decide upon a destiny line or is it already preordained that we have to go through certain experiences? And if so, can we make our own decision? I guess I just need to be more at ease about that.

I am Yom. This is a question that has merit and we appreciate the opportunity to speak to it. Within your illusion, and, indeed, within any illusion in which conscious entities exist there is only experience which may be had. It is not possible to make what you would call within your illusion a mistake, for the experience which has been set out for you by you with the aid of others under whose care you exist has been programmed, shall we say, into your subconscious mind in a fashion which will allow you to perceive within others and within various situations that which you need to perceive, in the way that you need to perceive it, in order that the opportunity be presented to you to pursue those lessons and those services which you have felt appropriate within this life experience. This is to say that there is a subconscious lens, as it were, through which all experience is perceived.

Thus, two entities may look upon the same situation and draw from it separate conclusions according to those lenses which have been placed previous to the incarnation and have been refined through free will during the incarnation. As you make choices, you will discover that you perceive that which is within your ability. Therefore, to perceive, it is necessary

that you allow for the greatest expertise in perceiving to determine that which you feel is of importance to you, that which is your desire, that which you ask or expect from a situation.

When you have decided this through contemplation, through prayer, and through meditation and have done so with sincerity, you will discover that there is a certain ordering of priorities that becomes more apparent to your conscious mind as you pursue this ordering of priorities. You will provide yourself with those opportunities that you have determined to be appropriate previous to the incarnation and you will have provided yourself with these opportunities in the most efficacious manner that is possible. Though there are, indeed, no mistakes within your experience, or within any experience, there is the possibility of greater or lesser ease in presenting the self with that opportunity to learn. Therefore, we suggest that you take the necessary time to ask yourself what it is you desire so that those choices that await you might begin to become more clearly ordered according to their appropriateness at this particular time within your experience.

Is there a further query, my brother?

**Questioner:** No, thank you.

**Questioner:** I have a question. Earlier you said, if I understood it correctly, that basically we do not create with a single thought, thought only one time. If I understood that correctly, could you elaborate just a little bit on the process of reinforcement of creation by thought when that thought is reinforced through repetition?

I am Yom, and we shall use the analogy of the artist. The first thought that one may begin to create with is as the beginning idea with which the artist begins. If the idea has no merit, if the artist has not the time to pursue it, the idea, perhaps, will fade. If the artist feels, however, that there is merit, perhaps the first outline of a sketch will present itself in the mind. Perhaps this shall be carried further and shall be put upon the paper with the outline. If there is further inspiration for this beginning work of art or thought, perhaps there shall be the elaboration, the adding of color, the refining, perhaps, after the preliminary drawings have been made. There shall be the sculpting in clay; perhaps the final product shall be bronzed.

As an entity begins to think a thought, and finds that the thought holds the interest, that it has merit, the entity will begin to think further upon the thought within the mind, adding the ramifications, deciding that there is a small thing that might be done now to aid the vitalization of this thought. Perhaps continued thinking will produce continued action. Perhaps the entity shall then find that the thought begins to take upon itself a certain life of its own, and there is a communication developed between the entity and the thought, with the thought seeming to offer suggestions as to how it might become a thing within the experience of the thinker.

It is necessary in this process that there be some action of a concrete nature taken at some point within the thinking process, for though it is true that the mind is a powerful tool that has the ability to create, it is also true that, as with any form of what you might call the ritualized white magic, there must be grounding within the physical material illusion of that which is within the metaphysical realms at its inception. Therefore, as you continue the dialogue between yourself and the thought, you will find a natural process of creation being played through this dialogue. Then you will begin to discover that this is not an exotic process reserved for but a few, but a process which is constantly being utilized by each entity at all times.

There is, however, the possibility of utilizing this process within any sphere of one's experience and not just within the more mundane levels of the daily round of activities, as one easily visualizes the running of errands, the attending of the class, the doing of the work. These become as easy as the breathing, the walking, and the looking. The ability to utilize this process in a manner which is new to the seeker is what is generally called the creative ability and is one which needs only the refinement in order to be utilized within the life experience.

Is there a further query, my brother?

**Questioner:** I have a final question I'd like to ask. When the time and space axis creates a physical entity that we are in this creation, what happens when another consciousness enters in that with us, such as intervention by star people or so-called possessions? Do we have a dual consciousness and does one subjugate the other? How does that work?

I am Yom. Whether an entity has a shared experience with those of the, shall we call it, extraterrestrial nature or an experience with a terrestrial entity of the same family and neighborhood or geographical location, the consciousness that experiences the blending of energies, for however long it might last, is a consciousness that remains intact and that which has the ability or the power to continue exercising its own free will, unless it shall for any reason, conscious or unconscious, choose to give that power to another, as those who study your psychology and sociology will attest.

There is, in the relationship of human beings, the continual trading of the power over the self between various entities for a great variety of reasons, each of which has a relationship to the central theme of the incarnation, the ability to give and receive love under a great variety of conditions, therefore, the relationship that has as its foundation the complete power to exercise free will vested within each entity, each entity having a variety of lessons and services that it desires to perform, and therefore when it joins with any other entities there is the interrelationship and interaction that affects both entities in a manner which is described by the preincarnative choices that, in themselves, form the lens of which we spoke previously, that which is the subconscious predilection to see certain events in certain ways.

At this time we would ask for the final query.

**Carla:** Well, thank you. I didn't think that I was going to get to ask one. I was really interested in something, uh ... twice, well once, you gave ... and then I went ahead and channeled it but then I stopped and challenged a fairly specific piece of information, and I know that you were a little irritated, but I really did need to know, and the second time you were starting to say something and I thought to myself, I'm going to challenge before I channel that and then I thought, oh gosh, you know, I'm really tired. Maybe I'd better not leave the responsibility of challenging to myself. I'll just stop and see if Jim can get it past the challenge and Yom passed the challenge to you.

Now, was the reason that I was able to get that information about sound and words that I didn't channel was just you'd given me the concept and I just refused to channel it without checking with you? I'd really like to know, is it because it's a validation

of something the person interested already knows?  
Or is there some other rule in your area of  
information where you can give more specific  
information?

I am Yom. The point which you query about is a  
point which we did not feel was potentially that  
which could infringe upon the free will, for the  
description of the vibration of sound in this instance  
was a description which we find has been made  
available to this group through a previous contact  
and was therefore that which already existed in the  
memory of this group.

**Carla:** Hmmm, not mine. Ha. Thank you.

Therefore, we find no risk of infringing upon the  
free will when the free will has been made aware of  
information previously.

**Carla:** Very good, thank you.

I am Yom, and we thank you, my sister. We  
apologize for the necessity to bring this particular  
session to a close but we find that each instrument  
has had a somewhat wearying day and this makes  
concentration necessary for a clear contact somewhat  
difficult. Therefore, we shall express our great  
gratitude at being able to join this group and utilize  
these instruments this evening. It has been a great  
span of your time since we have had the honor of  
joining your group as other than observer. We thank  
each for extending this invitation and look forward  
to any future opportunity in which our service might  
be appreciated. We are those of Yom and leave each  
in the love and in the light of the one infinite  
Creator. Adonai, my friends. ❀