
GLOSSARY

Alchemy: generally, the ways of transformative power; specifically, the medieval science of attempting to transform base metals into gold; also, finding the universal cure for disease and prolonging life thereby.

Apple: from George Hunt Williamson's book, *The Saucers Speak* (London, Neville Spearman, 1963), a term used interchangeably with "wanderer," indicating those souls from higher densities who choose to be born into the Earth plane to help in the evolution of its population but who go through the same forgetting process as all Earth natives do upon birth.

Brothers and Sisters of Sorrow: from the *Law Of One* books, another term for the Confederation of Planets in the Service of the Infinite Creator. These entities are all fourth density or higher and further their own growth by serving those of third density who call for their aid.

Catalyst: something that without itself being changed is a trigger for our ability to grow; a neutral instigator of events and processes in our life pattern. These processes are then interpreted by each individual involved according to personal idiosyncrasies, each person seeing something a little differently. The opportunity is to work with catalyst until it can be processed internally in such a manner that increased awareness, or "experience," is gained.

Chakras: the Ra group used the term, "energy centers," interchangeably with the Hindu and Buddhist term, "chakras." The term "rays" was used to represent the seven locations from the base of the spine to the crown of the head. In the chakras are stored seven kinds of spiritual energy that correspond to centers within our energetic bodies and the various kinds of lessons or energy expenditures that we undertake during our lives.

Channeling: the process of a person speaking the words of a discarnate entity who uses the person as a medium, instrument, vessel or channel.

Confederation of Planets in the Service of the Infinite Creator, or simply **Confederation:** see Brothers and Sisters of Sorrow above.

Densities: the basic levels or dimensions of creation formed of light, with each succeeding density being more "densely packed" with light. There are seven in number in each octave of creation, with the eighth density of the present creation equaling the first density of the next cycle of evolution of the Creator.

Discipline of the personality: the metaphysical practice of balancing distortions within one's energy centers with the goal of being able to respond with total compassion to all catalyst that comes before one's notice and being unswayed by any other emotion.

Distortion: a characteristic which varies from the Logos or one infinite Creator in its pure form. Everything is a distortion, then, from free will and light on down through all manifested forms and universes. Within our personality structure, we are said to choose certain distortions at the pre-incarnative or soul level for the purpose of working on balancing our essential or soul nature during the current incarnation. Distortion is not a pejorative term, as all things are distortions of the Creator. The general idea is to lessen the degree of that distortion, by learning to vibrate more and more as the Logos.

Evolution: the movement of consciousness from one density of light into the next higher density of light. The movement through each succeeding density of light will require that we be able to use the light in more and more refined ways of learning and serving. Evolution begins in first density with the elements, continues in second density with the evolution of body complexes, moves on in second density to the development of mind/body complexes. In the third density occurs the development of mind/body/spirit complexes, according to the Ra group. Evolution from this point forward is of the body/mind/spirit complex.

Graduation: the movement of entities from one density of light to the next higher density of light according to their ability to use the increased frequency of light for learning and service.

Harvest: the time when graduation from one density to another is appropriate. Our Earth's third density is in such a harvest season now.

Initiation: the rites, ceremonies, ordeals or instructions with which one is made a member of a sect, society, etc. In metaphysical terms, the undertaking of a certain level of lessons that require great effort and dedication and, if successfully completed, will result in a new level of awareness for the seeker. When going through this, the seeker often experiences what has been called The Dark Night Of the Soul. When this occurs, the effort and dedication are best pointed towards living in faith.

Karma: the concept that one's present acts fix one's future challenges and experiences; destiny or fate. The balancing of karma generally involves forgiveness.

Metaphysics: a philosophical means of looking at the nature of the self and the world about the self. In this handbook the word “metaphysical” is used to describe the non-physical world, the world of thoughts, ideals, emotions and spirit. The physical world is seen as the space/time universe which is ruled by Euclidean geometry. The metaphysical world is seen as the time/space universe where infinity and eternity hold sway.

Mind/body/spirit complex: the Ra group’s term for a person. The Ra see people as comprised of complexes of energy that express in three distinctive ways, yet which function as an unbreakable unit within an incarnation. The body complex forms in early second density in amœbæ, with the mind complex joining to create the mind/body complex in later second-density plants and animals and the spirit complex joining with the mind/body complex to create the mind/body/spirit complex at the beginning of the third density. With all three complexes in place we are complete, in that we have all the tools necessary to make our metaphysical choice of polarity in this third-density experience and to continue our evolution beyond it.

Polarizing: enhancing, exaggerating, increasing, strengthening. In the process of spiritual evolution from third density to fourth it is said that we must polarize either towards the positive or negative principles of service to others or service to self in order to become eligible for graduation in this our third-density harvest. In order to be harvested as a positive graduate, a service-to-others polarization of 51% of one’s actions intended to serve others is required, according to the Ra group. For graduation as a negative spirit, a service-to-self polarization where 95% of one’s actions are intended to serve the self is required.

Pre-incarnative choices: distortions or biases in our personality that we choose for ourselves before each incarnation so that we will have the opportunity to use them in the lessons of learning and service within each lifetime. Our larger goal is the gradual refining and balancing of our energy centers and soul selves through our many lifetimes of work.

Psychic greeting or psychic attack: the situation where a person attracts the attention of a negatively oriented discarnate entity by the strength and purity of his/her seeking for truth. To stand close to light requires the seeker to reflect that light purely. Any choice away from the level of expressing the light that the seeker is capable of will provide an opening through which the negative entity can enhance or intensify that disharmonious choice. Physical, mental, emotional and spiritual distress may be experienced as a result. The recommended response is to discover and accept the distortion within the dark side of the self which has provided the chink which allowed the

greeting, and gently to place it back within the dark side whence it came, then to heal the disharmonious choice by forgiving the self for the chink and the sender for offering the opportunity for suffering and fear. No attack or greeting is possible without the disharmonious choice first by the seeker, and our humanity defines us as those with imperfections or distortions. We are all open to psychic greeting when we presume to seek the light of truth. I stopped using the term “attack” and began using the term “greeting” some twenty years ago, to take the fear element out of the situation since it is fear that the negative entity counts as a great ally in the greeting effort.

Service to others: the path of radiation and openhearted giving. The positive polarity where the seeker attempts to see and serve the Creator in all. The intention to serve others in at least 51% of one’s efforts will qualify the seeker for graduation into fourth density light. The path of that which is: unity.

Service to self: the path of magnetism and control. The negative polarity where the seeker attempts to cause others to serve the Creator in the self. The intention to control others to serve the self must be present in at least 95% of the seeker’s efforts for graduation into the fourth density in the negative sense. The path of that which is not: separation.

Social memory complex: term first used by the Ra to denote a group consciousness where the thoughts of all are open to everyone. The spiritual seeking also is harmonized and the power to learn and to serve others is enhanced by the open sharing of thoughts between all members of the grouping. Imagine Jung’s concept of the collective unconscious of humanity becoming a conscious reality so that everyone on Earth knew the mind and experiences of everyone else.

Space/time: our current, visible, physical reality. Also known as the illusion in which we live and move and have our incarnative being. The area in which our learning and balancing occur.

Time/space: our invisible, metaphysical reality such as we inhabit when we dream, meditate or experience any form of altered state of consciousness.

Veil of forgetting: a cover or cloak which falls at birth and hides the subconscious roots of mind from the conscious mind in order that the process of evolution through third density might be made more efficient. Memories of previous incarnations are also hidden from the conscious mind so that the focus of the present incarnation might be undiluted. The rationale is that the basic lessons of third density involve living by faith, and faith only comes into sway when nothing is known.

Vital energy: the combined energy of the mind, the body and the spirit. Also known as *élan vital* and spiritual energy.

Walk-in: an entity from fourth density or higher who makes an agreement with a third-density inhabitant to enter the inhabitant's physical body and take responsibility for the remainder of the third-density incarnation while the former third-density entity rests in the astral level appropriate to its level of consciousness of the light. The walk-in also has an agenda of its own, in addition to fulfilling the original person's lifetime plan.

Wanderer: an entity from fourth density or higher who moves about the universe according to the need to answer mental and prayerful calls for service from those of third density, in the case of our Earth. Wanderers can be called to service by any density, but when they answer a call from third density they must also go through the veil of forgetting so that their service must be rediscovered during the incarnation in order not to infringe upon the free will of the third-density Earth population. Once this occurs, wanderers are Earth natives and must fulfill all the requirements of third-density harvest in order to graduate from this density.

BOOKS AND TAPES OFFERED BY L/L RESEARCH

There is no set price for any of our books or tapes. A donation in any amount that is comfortable to you will allow us to continue to make this information available to those who ask. The prices listed below are our current (2001) costs for each book or tape, including mailing within the United States. Add \$2.00 per book for shipping to Canada and \$8.00 per book for shipping to Europe or elsewhere.

BOOKS

The Law Of One, Book One (originally titled *The Ra Material*), *Book Two*, *Book Three*, *Book Four* and *Book Five*:

Verbatim transcripts of contact with an apparently extraterrestrial race of beings known as "Ra." The over 100 recorded sessions in these five books present a metaphysical blueprint which describes our process of evolution in mind, body and spirit. [Book One: ISBN 0-945007-01-9, Book Two: ISBN 0-945007-02-7, Book Three: ISBN 0-945007-03-5, Book Four: ISBN 0-945007-04-3, Book Five: ISBN 0-924608-21-8]. \$11.50 per volume.

Secrets Of The UFO, Don Elkins with Carla L. Rueckert

Summary of 25 years of study and research that preceded the Ra contact. The progression from physical sightings to metaphysical implications is traced. Serves as an introduction to the *Law Of One*. [ISBN 0-945007-00-0] \$6.00.

The Crucifixion Of Esmerelda Sweetwater, Don Elkins and Carla L. Rueckert

A metaphysical novel written in 1968. It illustrates the positive and negative paths of the Law of One and seems to have been somewhat prophetic. [ISBN 0-945007-06-X] \$13.00.

A Channeling Handbook, Carla L. Rueckert

For those who serve as channels. Topics include: What is channeling? Why channel? Psychic greetings/attacks. Temptation. The ethics of channeling. Channeling and Christianity. [ISBN 0-945007-07-8] \$7.00.

What Is Love

A coloring book for kids. Thirty illustrations developed from a 1976 channeling. The story of a small boy's search for the meaning of love. [ISBN 0-945007-05-1] \$5.50.

TAPES

The Spiritual Significance of UFOs

A 75-minute audio cassette tape of an edited lecture by Don Elkins, the Questioner for the Ra contact. It gives an overall view of his thirty years of researching the UFO phenomenon. [ISBN 0-945007-09-4] \$5.95.

Messages From The UFO

A 90-minute audio cassette tape composed of excerpts from recorded "UFO messages" received at meditation meetings held by different groups around the United States. [ISBN 0-945007-10-8] \$5.50.

Joy

The first in our growing series of Sunday Meditation tapes. People who order this first tape will be notified of further tapes as they become available. [ISBN 0-945007-11-6] \$5.50.

The Journey

Songs by Tommy Rueckert, words by Carla L. Rueckert. [ISBN 0-945007-12-4] \$9.95.

Jenny

Christmas story and songs by Tommy and Carla. [ISBN 0-945007-13-2] \$5.00.

This Is The Day

Easter story and songs by Tommy and Carla. [ISBN 0-945007-14-0] \$5.50.

Light/Lines Newsletter

Our quarterly newsletter (four pages), composed of selections of transcriptions of the conscious channeling of L/L Research. Any new books or tapes are mentioned first in *Light/Lines*. [ISSN 1534-567X] \$6.00/year.

All books and tapes may be ordered from: L/L Research, Box 5195, Louisville, KY. 40255-0195.

We welcome your stories of awakening, your opinions and questions. All stories will be kept confidential. Permission will be asked before using them in any further works. We are happy to answer all inquiries. Our website is www.llresearch.org, and our e-mail addresses are jim@llresearch.org and carla@llresearch.org.

