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ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

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THE LAW OF ONE, BOOK V, SESSION 48, FRAGMENT 29 APRIL 22, 1981

Jim: The spiritual transfer of energy is apparently possible for Carla in any sexual energy transfer. It happens without any particular effort on her part and seems due, primarily, to her nature as one who considers all of her actions, first, in the light of how she may be of service to another. This kind of spiritual energy transfer, however, is possible for anyone to achieve through a conscious mental dedication of the shared sexual intercourse for the purpose of achieving such a transfer. With that dedication consciously made, the male will transfer the physical energy, which he has in abundance, to the female and refresh her, and the female will transfer the mental/emotional and spiritual energies, that she has in abundance, and inspire the male. The kinds of energy transferred by each biological sex are determined by the nature that is unique to each. The biological male tends to express the male principle of that quality which reaches. The biological female tends to express the female principle of that quality which awaits the reaching. The orgasm is the point at which the transfer takes place although well-mated partners do not necessarily need to experience the orgasm in order to achieve the transfer.

Carla: Since these sessions were recorded, I have continued to study the sexual part of red-ray activity, with the hope of finding ways to share the beauty and joy I have found in my sexuality with other people who wish to move into the experience of sacramental sex. More and more, I am convinced that we all have the ability to move into this vibratory level, where intercourse becomes ever more deeply a Holy Eucharist

of red ray. I think that this orgasmic energy is pure love, and that as we experience this ecstasy, we are simply knowing the creator's vibration at rest. I suspect that the universe dwells in a state of orgasm, a timeless ecstasy. So much of our culture's training is bent on blunting the power of passion so that social strictures may be observed that the spontaneity of the act itself is lost. And the constant bombardment of sexual images in commercials and advertisements of every kind sharpen the desire for more and more: more partners, more unorthodox experiences, more thrills, more novelty.

In contrast to this, there is the red-ray part of self and its natural functions, natural and right and, like all other natural functions, something to fulfill in privacy, and with an eye to grace and purity of form in the doing. Once a man has found the wisdom to fix his desire upon Woman, the Goddess, as incarnate in his mate, and the woman has opened her heart to Man, as incarnate in her mate, there is laid the stage for an ever deeper practice of this glorious natural sharing of energy. It has been a blessing to me, certainly, as I apparently ran out of energy some years ago—but am still alive and kicking! Thanks in no small part to the truly fine natural functions of one James McCarty, a man most lovingly sensitive to the Goddess within.

Session 48, April 22, 1981

Questioner: I have a question from the instrument that I will read. "You have suggested several times that sexual energy transfers aid the instrument's vital energy and this contact. It seems that this is not true

for all people; that the sexual circuitry and the spiritual circuitry are not the same. Is this instrument an anomaly, or is the positive effect of sexual activity on spiritual energy normal for all third-density beings?”

Ra: I am Ra. This instrument, though not anomalous, is somewhat less distorted towards the separation of mind, body, and spirit than many of your third-density entities. The energies of sexual transfer would, if run through the undeveloped spiritual electrical or magnetic complex which you call circuitry, effectually blow out that particular circuit. Contrarily, the full spiritual energies run through bodily complex circuitry will also adversely effect the undeveloped circuit of the bodily complex. Some there are, such as this instrument, who have not in the particular incarnation chosen at any time to express sexual energy through the bodily circuitry. Thus from the beginning of such an entity's experience the body and spirit express together in any sexual action. Therefore, to transfer sexual energy for this instrument is to transfer spiritually as well as physically. This instrument's magnetic field, if scrutinized by one sensitive, will show these unusual configurations. This is not unique to one entity but is common to a reasonable number of entities who, having lost the desire for orange and yellow-ray sexual experiences, have strengthened the combined circuitry of spirit, mind, and body to express the totality of beingness in each action. It is for this reason also that the social intercourse and companionship is very beneficial to this instrument, it being sensitive to the more subtle energy transfers.

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