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ABOUT THE CONTENTS OF THIS TRANSCRIPT: This telepathic channeling has been taken from transcriptions of the weekly study and meditation meetings of the Rock Creek Research & Development Laboratories and L/L Research. It is offered in the hope that it may be useful to you. As the Confederation entities always make a point of saying, please use your discrimination and judgment in assessing this material. If something rings true to you, fine. If something does not resonate, please leave it behind, for neither we nor those of the Confederation would wish to be a stumbling block for any.

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THE LAW OF ONE, BOOK V, SESSION 98, FRAGMENT 48 SEPTEMBER 24, 1982

Jim: Session 98 is presented in total here. Our experiences were beginning to become a little more unusual and difficult at this point in our lives. We had difficulty agreeing on how to proceed concerning the house near the airport in Atlanta, and this is the difficulty of blue-ray blockage which Ra speaks of in the very long response to Carla's compound question. Since our difficulties were freely chosen by us, they were fair game for our negative companion of fifth density to intensify.

In querying about how once again to aid our long-time pet and companion, Gandalf, in another tumor removal operation, we found that second-density creatures are also subject to causing cancer by creating unresolved anger within themselves—the same process that applies for third-density beings.

And, finally, we found when one constructs the artifacts, clothing, or structures with which one accomplishes service-to-others work, there is a great investment of love and magical potential which may result from such homemade and heartmade artifacts.

Carla: As we prepare this personal material for publication, I am sitting at the computer, and am very tempted to rub my eyes, because the gardening I did earlier placed me in one of many environments to which I'm allergic. I think these allergies are often a complaint of Wanderers, and have to do at least partially with the mismatch of vibrations between this earth world and the world of origin. Often the more uncomplaining the Wanderer, the more the body shall act out the difficulties we may have emotionally and

mentally with the vibrations here. Certainly this is true of myself. I do see the psychosomatic nature of these allergies, and by long practice have developed a fair resistance to them, which allows me to do some of the too many things I enjoy, whether it be patting the cats or pulling henbit out of the ivy. Or eating one of many foods, or dusting, or getting the mold out of something I find at church on one of my housekeeping forays. I doubt I could duck these no matter what my attitude, but I hope they are as little a part of my awareness as possible, and feel that the attitude really is key.

What it shows me is just how carefully balanced we are, as we come into incarnation here. I was given just these distortions, largely in order that I would have plenty of forced time to become more contemplative. It may seem that I am a thoroughgoing mystic, and certainly during many years of forced stillness, I have always found a depth of faith and a joy that illumined my life from within. It is almost as though the adversity of illness or limitation is a teacher, taking you out of the old ways of doing, and introducing you to the contemplative life. I have wanted to be here every day of my life, with the exception of some sorry time during early puberty when I lost all faith and decided if I couldn't be of help to anyone, I might as well go on. Which my body obligingly did not six months later, throwing itself into kidney failure brought on by an allergic reaction. And the allergies are there because of the mismatch in vibratory complexes. See how neatly this works. Such is catalyst. it's a wonderful world.

As I got up from the sickbed at last during 1992, I vowed not to lose this love of stillness. But I also love to do, busy bee that I am. Of course I love to help L/L Research with correspondence and writing and channeling, and my church and singing. These are like the footers for the building I live in, real pillars of renewing spirit within. But there's more. I love the company of women and go out of my way to have that gal's night out in my schedule. I love to cook, and do as much as I can cram in, and an extension of that is that I take a morning each week to go through the parish where I worship in community and just go around straightening, washing out, putting away and making ready, especially in the church kitchen but really all over the building. It is a joy being a servant in the Lord's house! And I could continue till you were exhausted of any possible interest. There are so many good things to do, so many needs I hear and wish to respond to. Too many to accomplish, sadly. The plight of the nineties: no time!

What this is all in aid of is simply to demonstrate how deeply bred in the bone my love of helpful activity is. Activity at whatever level I can accomplish it is inevitable. It is part of who I am, and some would say that is a born martyr. Perhaps this is somewhat true. I only know we live and then we are gone, and while I am here, I want to respond as deeply as I can. This means I am always pushing the envelope, and always prey to psychic greeting. I have not ceased being greeted. It is just that I deal with it, as does Jim, with respect, in acknowledging it, and discipline, in allowing it to pass quickly without judgment, knowing the negative essence behind it as part of myself that I love. Acceptance and forgiveness simply move the situation forward, and the crises pass. This is hard-won wisdom. I encourage any groups who get into a situation where psychic greeting is occurring to study the ways of forgiveness and acceptance of this seemingly opposing energy. In claiming the higher truth that all is one, we place ourselves in that finer, fuller light, and the difficulties ease away as we simply persevere in living without fear of these greetings. For those who might be interested, I do have a chapter on psychic greeting and psychic self-defense in my Channeling Handbook. The essence of that advice: fear not and lean on prayer and keeping the self aligned in open-hearted love.

My recovery from the bad throat infection discussed above was accomplished by a 6-week course of

antibiotics taken with lots of buttermilk, not a substance I enjoy. It did, however, work.

Gandalf was a very special little person. Given to me by an old friend in 1968, he was a kitten when Donald and I began our life together. He adored Don, and would play retriever with him, repeatedly fetching the peppermint candy wrappers Don would tie in a little bow-tie and throw, and putting them in Don's shoes, which were always off if he was at home. His devotion was intense. If we were sitting, he was almost always upon one of us. Don loved to walk around with Gandalf hanging over his shoulder, and I can still see them clearly, doing their daily tour of the rooms of our apartment. Gandalf expressed such love! As he became quite old, he got both arthritis and cancer, but until the moment he died, he was fiercely determined to be here and as close to us as possible. I feel that he has now reincarnated in our beautiful cat, "Mo," who expresses much the same energy. I am thankful we have had more time with this soul, who is certainly harvestable to third density.

Session 98, September 24, 1982

Ra: I am Ra. I greet you in the love and in the light of the one infinite Creator. We communicate now.

Questioner: Could you first please give me the condition of the instrument?

Ra: I am Ra. The physical energy deficit has somewhat increased. The vital energy distortions are somewhat improved.

Questioner: We eliminated our meditation prior to the session. Would Ra comment on that?

Ra: I am Ra. The purpose of preparation for a working is the purification of each entity involved with the working. The removal of a portion of this preparation has a value determined by the purity of each which takes part in the working has achieved without that particular aid.

Questioner: I had just taken a wild guess that possibly it was during that meditation prior to the working that was used by our fifth-density, negative friend to create the allergic reactions and other reactions in the instrument. Was I correct in that assumption, or was I incorrect?

Ra: I am Ra. This entity greets the instrument as close to the working in your space\ time continuum as is practicable. The elimination of that preparation

caused the fifth-density entity to greet this instrument at this juncture of decision not to meditate. The greeting does not take what you would call a noticeable amount of your time.

Questioner: Was the greeting as effective as it would have been if meditation had been done?

Ra: I am Ra. Yes.

Questioner: I have a question from the instrument. It states: "Could Ra tell us what factors are allowing our fifth-density, negative companion to be able to continue greeting the instrument in the throat area as well as with other unusual sensations such as dizziness, the smelling of orange blossoms, the feeling of stepping on imaginary creatures, and what can be done to lessen these greetings? Also, why do the greetings occur on walks?"

Ra: I am Ra. There are various portions of the query. We shall attempt answer to each. We tread close to the Law of Confusion, saved only by the awareness that given lack of information this instrument would, nonetheless, continue to offer its service.

The working of your fifth-density companion which still affects the instrument was, as we have stated, a potent working. The totality of those biases which offer to the instrument opportunities for increased vital and physical strength, shall we say, were touched by the working. The blue-ray difficulties were not entirely at an end after the first asking. Again, this group experienced blockage rare for the group; that is, the blue-ray blockage of unclear communication. By this means the efficacy of the working was reinforced.

The potential of this working is significant. The physical exercising, the sacred music, the varieties of experience, and indeed simple social intercourse are jeopardized by a working which attempts to close the throat and the mouth. It is to be noted that there is also the potential for the loss of this contact.

We suggest that the instrument's allergies create a continuous means whereby the distortion created by the magical working may be continued. As we have stated, it shall be necessary, in order to remove the working, to completely remove the distortion within the throat area caused by this working. The continuous aggravation of allergic reactions makes this challenging.

The orange blossom is the odor which you may associate with the social memory complex of fifth-density positive which is known to you as sound vibration, Latwii. This entity was with the instrument as requested by the instrument. The odor was perceived due to the quite sensitive nature of the instrument due, again, to its, shall we say, acme in the eighteen-day cycle.

The sensation of stepping upon the small animal and killing it was a greeting from your fifth-density, negative companion also made possible by the above circumstance.

As to the removal of the effects of the magical working, we may make two suggestions, one immediate, and one general. Firstly, within the body of knowledge which those healers known among your peoples as medical doctors have is the use of harsh chemical substances which you call medicine. These substances almost invariably cause far more changes than are intended in the mind/body/spirit complex. However, in this instance the steroids or, alternately, the antibiotic family might be useful in the complete removal of the difficulty within which the working is still able to thrive. Of course, the allergies would persist after this course of medicine were ended, but the effects of the working would no longer come into play.

The one you call Jerome might well be of aid in this somewhat unorthodox medical situation. As allergies are quite misunderstood by your orthodox healers, it would be inappropriate to subject the instrument to the services of your medical doctors which find the amelioration of allergic effects to be connected with the intake of these same toxins in milder form. This, shall we say, treats, the symptom. However, the changes offered to the body complex are quite inadvisable. The allergy may be seen to be the rejection upon a deep level of the mind complex of the environment of the mind/body/spirit complex. Thus the allergy may be seen in its pure form as the mental/emotional distortion of the deeper self.

The more general recommendation lies with one which does not wish to be identified. There is a code name prayer wheel. We suggest ten treatments from this healer and further suggest a clear reading and subsequent following upon the part of the instrument of the priorities of allergy, especially to your foodstuffs.

Lastly, the effects of the working become apparent upon the walking when the body complex has begun to exert itself to the point of increased respiration. Also a contributing factor is the number of your second-density substances to which this instrument is allergic.

Questioner: Thank you. The second question is: “Our oldest cat, Gandalf, has a growth near his spine. Is there anything that makes the surgical removal of this growth less appropriate than the surgical removal of the growth that we had performed a year ago last April, and would the most appropriate action on our part to aid his recovery be the visualization of light surrounding him during the surgery and the repeating of ritual phrases periodically while he is at the veterinarians?”

Ra: I am Ra. No. There is no greater cause for caution than previously and, yes, the phrases of which you speak shall aid the entity. Although this entity is, in body complex, old and, therefore, liable to danger from what you call your anesthetic, its mental, emotional, and spiritual distortions are such that it is strongly motivated to recover that it might once again rejoin the loved one. Keep in mind that this entity is harvestable third density.

Questioner: Would you explain why you said “Keep in mind that this entity is harvestable third density” and tell me if you have any other specific recommendations with respect to the proposed operation on the growth?

Ra: I am Ra. We stated this in order to elucidate our use of the term “spirit complex” as applied to what might be considered a second-density entity. The implications are that this entity shall have far more cause to abide and heal that it may seek the presence of the loved ones.

Questioner: Is there any additional recommendation that Ra could make with respect to the proposed operation?

Ra: I am Ra. No.

Questioner: I was wondering if I was correct in my assumption for the reason for the growth was a state of anger in the cat, Gandalf, because of the addition of the newer cats in his environment? Was I correct?

Ra: I am Ra. The original cause of what you call cancer was the distortion caused by this event. The

proximate cause of this growth is the nature of the distortion of the body cells which you call cancer.

Questioner: Are there any other cancerous growths at this time in Gandalf?

Ra: I am Ra. Yes.

Questioner: Can we alleviate those and, if so, how and where are they?

Ra: I am Ra. None can be alleviated at this space/time nexus. One is located within the juncture of the right hip. Another which is very small is near the organ you call the liver. There are also small cell distortions under the, we may call it, arm, to distinguish the upper appendages, on both sides.

Questioner: Is there anything that we can do to alleviate these problems that are other than surgical to help Gandalf?

Ra: I am Ra. Continue in praise and thanksgiving, asking for the removal of these distortions. There are two possible outcomes. Firstly, the entity shall dwell with you in contentment until its physical vehicle holds it no more due to distortions caused by the cancerous cells. Secondly, the life path may become that which allows the healing. We do not infringe upon free will by examining this life path although we may note the preponderance of life paths which use some distortion such as this to leave the physical body which in this case is the orange-ray body.

Questioner: Does the cat, Fairchild, have any of these same type of problems?

Ra: I am Ra. Not at this space/time nexus.

Questioner: Was it necessary for the cat Gandalf to be a mind/body/spirit complex and harvestable third density to have the anger result in cancer?

Ra: I am Ra. No.

Questioner: Then any mind/body complex can develop cancer. Is this correct?

Ra: I am Ra. This is correct.

At this time we would break our routine by making an observation. We observe the following coincidence. Firstly, the congestion of this instrument’s throat due to the flow of mucous caused by energized allergic reaction has, at this point, become such that we may safely predict the probability/possibility vortex approaching certainty that within one-half of an hour we shall need to

depart from this working. Secondly, as we noted the above the sound vibration made by one of your sound vibration recording devices was audible to us. If this group desires, it may choose to have sessions which are brought to an ending soon after this sound vibration occurs. This decision would ensure the minimal distortions within the instrument towards the discomfort/comfort within the throat until the effects of the magical working of your fifth-density companion have been removed.

Questioner: That is perfectly fine with us. That noise occurs at the forty-five minute time period since the tapes are forty-five minutes on a side. I would just ask as the final question, then, if the new table that Jim has built for the appurtenances is satisfactory to hold them since it will give us more room to walk around the bed, and is it better to leave it in its natural condition, or is it better to coat it with linseed oil, varnish, or paint?

Ra: I am Ra. We view this appurtenance. It sings with joy. The pine vibrates in praise. Much investment of this working in wood has been done. It is acceptable. We may suggest it be left either as it is or rubbed with the oil which also is easily magnetized and holds the proffered vibration to a profound extent.

Questioner: I was wondering if this would be an appropriate time to end since the tape recorder clicked some time ago?

Ra: I am Ra. This is a matter for your discrimination. The instrument remains open to our use although, as we have noted, the physical distortions begin to mount.

Questioner: Then we had better close to protect the instrument's physical energy, and I will ask if there is anything that we can do to improve the contact or to make the instrument more comfortable?

Ra: I am Ra. All is well. We find your concerns appropriate.

We leave you in the love and in the light of the one infinite Creator. Go forth, therefore, rejoicing in the power and in the peace of the One. Adonai. ❁